Biodiversity Register (PBR): General Details
Name of the Panchayat Samity: Machail
Taluk: Paddar
District: Kishtwar
UT: Jammu & Kashmir
Geographical Area of the Panchayat Samity:
Population under the Panchayat Samity: Total
Male Female
Habitat and Topography: Hilly terrain
Climate (Rainfall, Temperature and other weather patterns)
Land Use (Nine fold classification available with village records) Irrigated area: All
Date, Month and Year of PBR Preparation: 31/03/2021
Management Regime: Reserve Forests (RF) / Joint Forest Management (JFM) / Protected Areas (PA) / Community Owned and Managed Forests (COM): Reserve Forests

#### Annexure 1

Details of Biodiversity Management Committee (BMC) of the panchayat (One elected Chairperson and six persons nominated by the local body; not less than one third to be women and not less than 18% belonging to SC/ST)

1) Name of the Chairperson: Rangail Singh

Age: 48yrs

Gender: Male

Address: Machail

Area of specialization: Social Worker

2) Name: Rajinder Singh

Age: 38 years

Gender: Male

Address: Machail

Area of specialization: Social Worker

3)Name: Fafa Tsering

Age: 54 years

Gender: Male

Address: Lossani

Area of specialization: Social Worker

4)Name: Sonam Narboo

Age: 51 years

Gender: Male

Address: Sumcham

Area of specialization: Social Worker

5)Name: Des Raj

Age: 56years

Gender:Male

Address: Hango Haloti

Area of specialization: Social Worker

6)Name: Ram Krishan

Age: 59 Years

Gender: Male

Address: Hamori

Area of specialization: Social Worker

7)Name: Arti Devi

Age: 34 years

Gender: Female

Address: Chashoti

Area of specialization: Social Worker

# Annexure 2 List of Vaids, hakims and traditional health care (human and livestock) practitioners residing and or using biological resources occurring within the jurisdiction of the village 1) Name: Funcho Narboo **Age:** 62 Gender: Male Address: Lossani Area of Specialization: Ayurvedic Vaid Location from which the person accesses biological material: Perception of the practitioner on the resource status: 2) Name: Padma Sonam **Age:** 65 Gender: Male Address: Sumcham Area of Specialization: Ayurvedic Vaid Location from which the person accesses biological material: Perception of the practitioner on the resource status: Sumcham 3) Name: Tsering Paljor **Age:** 60

Gender: Female

Address: Jashnaie

Area of Specialization: Ayurvedic Vaid

Perception of the practitioner on the resource status:

Location from which the person accesses biological material: Jashnaie

#### Annexure 3

# List of individuals perceived by the villagers to possess Traditional Knowledge (TK) related to biodiversity in agriculture, fisheries, and forestry

1) Name: Nand Lal

Age: 67 years

Gender: Male

Address: Machail

Area of specialization: Agriculture

2) Name: Jimmy Dorjay

Age: 39 years

Gender: Male

Address: Lossani

Area of specialization: (Agriculture)

3) Name: Som Nath

Age: 66 years

Gender: Male

Address: Hamori

Area of specialization: Agriculture

4) Name: Toashi Dorje s/o Ram Lal

Age:

Gender: Male

Address: r/o Lossani

Area of specialization: Agriculture

5) Name: Toshi Numgyal s/o Sonam Tundup

Age:

Gender: Male

Address: r/o Dangail

Area of specialization: Agriculture

6) Name: Jagmal Singay s/o Tenzen funcho

Age:

Gender: Male

Address: r/o Sunchaan

Area of specialization: Agriculture

Annexure 4
Details of schools, colleges, departments, universities, government institutions, non-governmental organization and individuals involved in the preparation of the PBR
1) Contact Person:
Name and Address:
2) Contact Person:
Name and Address:
3) Contact Person:
Name and Address:
4) Contact Person:
Name and Address:
You may add more names of Instututions/NGO/Indiiduals etc if necessary

Annexure 5					
Details of a	ccess to biological resou	rces and traditional knowle benefits derived and	edge granted, details of the mode of their sha		mposed and details of the
No	Name and address of the Person /institution/ company/ others	Local and Scientific Name of the biological material Accessed and quantity	Date and resolution of the BMC and endorsement by the panchayat	Details of collection fee imposed	Anticipated mode of sharing benefits or quantum of benefits shared

## Part II

## PBR - Formats

## AGROBIODIVERSITY

## Format 1: Crop Plants

1	2	3	4	5	6		7	8	9	10	11	12	13	14
Crop	Scientific Name	Local Name	Variety	Landscape /	Approx. area		Status	Special	Cropping	Uses	Associated	Other	Source of	Community/ Knowledge
Стор	Scientific Name	Local Name	variety	Habitat	shown	Past	Present	features	season	Uses	TK	details	Seeds/Plants	Holder
Wheat	Triticum	Gundam	Local	Lowland valleys		Plenty	Plenty	-do-	May-June	Food Fodder	Provides more energy	Not-known	Local preserved / Agriculture Deptt.	Locals
Barley	Hordeum vulgare	Jow	Local	Lowland valleys		Plenty	Rare	-do-	May-June	Food Fodder	Provides more energy	Not-known	Local preserved	Locals
Maize	Zea mays	Maki	Local	Lowland valleys		Plenty	Plenty	-do-	Sept-Oct	Food Fodder	Provides more energy	Not-known	Local preserved	Locals
Potato	Solonacium Tuberoscon	Aloo	Local	Temperature &Intermediate		Normal	Normal	Tuber &Round	Kharif	Vegetable & Chips	Rich in Starch	Not-known	Local preserved / Agriculture Deptt.	Locals
Rajmash	Phaseolus vulgaris	Rajmash	Local	Lowland valleys		Plenty	Plenty	Resistant to drought, pests & diseases	Kharif	Food Fodder	Provides more energy	Not-known	Local preserved	Locals
Khol Khol	Brassica oteracia var. Gingylodes	Karm	Local Purple Veena	Temperature &Intermediate		Normal	Normal	Patability & Taste	Kharif	Vegetable & Pickle Making	Rich in Starch	Not-known	Local preserved / Agriculture Deptt.	Locals
Raddish	Raphus Sativus	Mooli	Local round	Temperature &Intermediate		Normal	Normal	Patability & Taste	Kharif & Rabbi	Vegetable & Pickle Making	2-3 crops a year		Local preserved / Agriculture Deptt.	Locals
		Foon												
		Dhalesh												
		Yau												

	Chaone						1	
	Cheenr						1	
	1						1	1

	Format 2: Fruit Plants														
1	2	3	4	5	(	5	7	8	9	10	11	12			
Plant	Scientific Name	Local Name	Variety	Landscape /			Source of	Season of Fruiting	Associated	Uses	Other details market / own	Community / Knowledge			
riant	Scientific Ivame	Local Ivallie	variety	Habitat	Past	Present	Seeds/Plants	(Repining)	TK	Uses	use	holder			
Apple	Malus domestica	Saib	Red delicious, Golden delicious, Ambri	Mountanious and sloppy	Plenty	Plenty	Local preserved / Horticulture Deptt./ Pvt. Nursery	Aug-Sept	Reducing cholesterol, lowering blood sugar level	Nutritious value	Market / own use	Locals			
Walnut	Juglans regia	akhrot	Local	-do-	Plenty	Plenty	Local preserved / Horticulture Deptt.	Aug-Sept	Reduces prostrate cancer and diabetes	Nutritious value	Market / own use	Locals			

	Format 3: Fodder Crops / Species														
1	2	3	4		5	6	7	8	9	10					
Plant	Scientific Name	Local Name	Landscape /	Local	Status Source of Plants /		Associated TK	Part used for	Other details	Community /					
Fiant	Scientific Ivame	Local Name	Habitat	Past	Present	Seeds	Associated 1 K	feeding cattles	Other details	Knowledge holder					
Sorghum	Sorgum Bicolor	Kass	temperate and intermediate	Local	Improved	Seed saved from previous year	Stored in locally indigenous structure called tye	Grain used for seed and fodder	Above ground portion	Farmers					
Oat	Avena sativa	Lawn	temperate and intermediate	Local	Improved	Seed saved from previous year	Stored in lovcally indigenous structure called tye	Grain used for seed and fodder	Above ground portion	Farmers					

					Format 4:	Weeds												
1	2	3	4	5	6	,	7	8	9	10	11	12						
Plant	Scientific Name	Local Name	Affected crop	Impact	Landscape /	Local	Local Status								Management	Associated TK	Other details	Community / Knowledge
	selentine i tume	Local I tallic	Timeeted erop	Impact	Habitat	Past	Present	Uses if any	options	71550CIMECU TIL	like exotic	holder						
Guli Danda	Phalaris minor	Sitti	Wheat	Compete with crops fro nutrients and water	temterate and Intermediate	Plenty	Plenty	Nil	Hand weeding	Reduces crop yield / crop loss	Local	Farmer						
Grass	Cyonodengrass	Dhroob	Wheat	Do	temterate and Intermediate	Plenty	Plenty	fodder	Hand weeding	Reduces crop yield / crop loss	Local	Farmer						
Sedge	Cypporus Rotundu	Tith	Paddy/Maize	Do	temterate and Intermediate	Plenty	Plenty	fodder	Hand weeding	Reduces crop yield / crop loss	Local	Farmer						
Ghass	Cyprus esuluntw	Ghass	Mash	Do	temterate and Intermediate	Plenty	Plenty		Hand weeding	Reduces crop yield / crop loss	Local	Farmer						
Bathua	Chenodoliumalbum	Bathwa	All Crops	Do	temterate and Intermediate	Plenty	Plenty	-	Hand weeding	Reduces crop yield / crop loss	Local	Farmer						

				Format 5	5: Pests of Crop	s			
1	2	3	4	5	6	7	8	9	10
Host	Insect / Animal	Scientific name	Local name	Habitat	Time / season of attack	Management mechanism	Associated TK	Other details	Community knowledge holder
Maize	Cut worm	agrotis ipsilon	Tokka	Maize field	April May	Chemical Management through insecticides	Nil	Nil	Nil
Maize	Maize stem borer	Chilo partellus	Bud	Maize field	June July	Chemical Management through insecticides	Nil	Nil	Nil
Mash	White fly	Bemisiatabaci	Chitti Makhi	Mash field	July Aug	Chemical Management through insecticides	Nil	Nil	Nil
Wheat	Field rats	Bendicota bangalensis	Muso	all field	All season	Chemical Management through insecticides	Nil	Nil	Nil
Wheat and dal	army worms	Mythimna separate		Oats and wheat fields	All season	Chemical Management through insecticides	Nil	Nil	Nil
Wheat	termites	Microtermesobesi odentotermes	Seenak	Wheat fields (Ranified)	During dry season	Chemical Management through insecticides	Nil	Nil	Nil

	Format 6: Markets for Domesticated animals													
1	2	3	4	5	6	7	8	9						
Name of the market & location	Weekly (D)/ Fortnightly (D) / Monthly (D) / Biannual (M) / Annual (M) [1]	Types of animals	Types and Average Number of animals transacted in a day	Places from which animals are brought	Places to which the animals are sold / transported	Name and location of fish market	Types of fishes sold	Source of fish						
Not applicable	Not applicable	Not applicable	Not applicable	Not applicable	Not applicable	Not applicable	Not applicable	Not applicable						

	Format 7: Peoplescape													
1	2	3	4	5	6	7	8	9	10	11				
Community & Population										No. of HHs				
General and Scheduled cast	Agriculture	Collection of NTFP, Cattle rearing, Artisans & Govt. Servants	Forest (Hilly terrain) / Agriculture landscape	Agriculture for the purpose of food grains and fodder	Terrace farming	Traditional resource management practices	General / SC	Socially privileged	Most of them do own jobs, economically less privileged	445 as per Census 2011 but now Househods are 640				

						Forma	t-8 : Landsca	ipe.					
	1		2	3	4	5	6	7	8	9	10	11	12
Major	Landscap	es	Sub-	Features and				**	Management		Associated		Communit
Agricultural land	Pond	Fallow land	Landscapes		Ownership	General flora	General fauna	User groups	practices	General uses	TK	Other details	accessed
						Deodar	Leopard						
						Kail	Black bear						
						Fir	Monkey						
						Spruce	Jackal						
						Champ	Wild goat						
						Annar	Fox						
						Akhroot	Wild cat						
						Dhoop	Rat						
						Nagchhatri	Lizard						
						Appricot	Snake						
						Heru	Pigeon				T., 4'		
Cultivated	nil	nil	Mountance	Rockey/ sandy	Property/	Mohru	House Sparrow	Local	Self	cultivation	Indigenous knowledge of		
Cultivated	1111	""	Wioumanec	land	shamlat	Kiker	Sparrow	Inhabitants	management	Cultivation	local comminities		
						Mushkapoor	Crow						
						Muchakballa	Spider						
						Guchhies	Butterfly						
						Kour	Bee						
						Kuth	Owl						
	I	1	1	I	1			I	1	1	1	1	1

Provide a brief description of landscapes such as forests, plantations, cultivated land, estuary, pond, lake or other elements.

Mosquito

Partridge

Bulbul

Pijad

koel

Parrot

Bankhoor

Kumlaie

Phrast

Chilgoza

Ratanjot

Kaala zeera

	Format-9 : Waterscape.												
1	2	3	4	5	6	7	8	9	10	11	12	13	
Waterscape Element type	Sub-type	Features and Approx	Owner ship	General Flora	General Fauna	Major Sues	User Group	Management Practices	General uses	Associated TK	Other Detail	Community Accessed	
River	Bhutnala	Tributary of Chenab	Govt.	NA	NA	Irrigatuon	Villages						

			Forma	at 10: Soil type			
1	2	3	4	5	6	7	8
Soil Type	Color & Texture	Features	Soil management	Plants / crop suitable	Flora and fauna	Associated TK	Other information
Clay soil and sandy loamy soil	Grayish, brown, small grained mixture	Does not retain water frequent irrigation	Recharged with leaf manure, animal waste compost	Conifer plants, broad leaved plants, Fruit plants, NTFP species, Wheat, barley, maize, rice and some seasonal vegetables.	Domesticated /wild plants and animals	Provides good quality of timber, fuelwood, NTFP, food and fodder	-

### DOMESTICATED BIODIVERSITY

### **Format 11: Fruit Trees**

1	2	3	4	6	7		8	9	10	11	12	13
Plant Type	Local Name	Scientific Name	Variety	Landscape/	Local Status		Source of	Season of Fruiting	Uses (usage)	Associated TK	Other details market/own	Community/
Tiant Type	Local Name	Scientific Ivanic	Variety	Habitat	Past	Present	plant/seeds	(Repining)	Uses (usage)	Associated TK	use	Know. holder
Apple	Saib	Malus domestica	Red delicious, Golden delicious, Ambri	Lowland valley / home gardens	Rare	Plenty	Local preserved / Horticulture Deptt.	Aug-Sept	Nutritious value	Reducing cholesterol, lowering blood sugar level	Market / own use	Locals
Walnut	Akhroot	Juglans regia	Local	Lowland valley / Agricultural land	Plenty	Plenty	Local preserved / Horticulture Deptt.	Aug-Sept	Nutritious value	Reduces prostrate cancer and diabetes	Market / own use	Locals
Cucumber	Khira	Curmis sativus	Local / Hybrid	-do-	Plenty	Plenty	Local preserved / Seed shops	Aug-Sept	Nutritious value	Provides more energy	Market / own use	Locals

#### Format-12: Medicinal Plants (Herbs, Shrubs, Trees etc.). 2 3 5 7 8 1 4 6 9 10 11 12 Other Location status Community Landscape/ Source of Associated details Plant Type **Local Name** Scientific Name Variety Uses (usage) Part used Know Habitat plant/ seeds Tk market/ **Past** Present Holders own use Useful to the skin for removal of Podophyllum Shurb Ban Kakkri **MFP** Forest Natural Plenty Endangered warts, including plantar warts & Fruit hexandrum sexually tranmitted warts. Harvested from the wild for local use Rhubarb Flower/ MFP Rheum spiciforme Forest Natural Plenty Rare Shurb (Churko) as a food & medicine stem The root & oil from the root are used Root/ Herb Kuth Saussurea costus MFP Forest Natural Plenty Rare to make medicine.treating for asthma, Rhizome cough,gas,worm(nemotode). Useful for ailments of the Murg jawain,Bajarbhan Hyoscyamus niger bones, Rh, toothache, asthma, cough Herb MFP Forest Natural Plenty Rare Seeds nervous disease & stomach pain. useful for the treatment of fevers. The Herb Guggal/Dhoop Jurinea dolomiaca MFP Forest Plenty root extract is used as an incense, skin Roots Natural Rare eruption, gout & Rh, Contain sulphur compounds (which Rohan-hak/ Bulbs. give them their onion flavour)help to Allium Herb Pran/ **MFP** Forest Natural Plenty Rare Leaves. reduce blood cholesterol levels, acts as carolinianum Flowers Gogcheegma a tonic to the digestive system Used for imparting pleasing red colour to fodstuff,oils & fats. Gaozabaan The flowering shoots are used in Roots, **MFP** Herb Amebia benthami Natural Plenty Rare Forest prepration of Shrubet(syrup) & Rhizomes (Ratanjot) jam useful in various disease of tongue,throat,fever & cardiac disorders

Shurb	Dhatura	Dhatura metel	MFP	Forest	Natural	Plenty	Rare	Used to treat hydrophobia,epilepsy,convulsion,syphi lis,inflammation of the breasts, smallpox,mumps & leprosy,also used as a pesticide.	Seeds
	Gokhru	Tribulus terrestris	MFP	Forest	Natural	Plenty	Rare	Traditionally,people have used this plant for a variety of potential effects,I ncluding to enhance libido,keep the urinary tract healthy & reduce swelling.	Leaves & Flowers
Shurb	Seski (murin)	Artemisia brevifolia	MFP	Forest	Natural	Plenty	Rare	Used as a digestive & carminative & hence mixed with meat dishes, known to be an anthelmintic,aphrodisiac,antiseptic,lax ative,blood purifier & antidote to scorpion stings.	Leaves
Herb	Zakhm-e-hayaat	Bergenia ciliata	MFP	Forest	Natural	Plenty	Rare	Useful for the treatment of uterine contraction,ulcers,fever & kidney stone,also treat throat infection,diabetes.	Leaves & Roots
	Surajan-e-talakh	Colchicum luteum	MFP	Forest	Natural	Plenty	Rare	Used as a carminative ,laxative & are effective in the treatment of gout,Rh,& disease of liver & spleen.	Corms
Herb	Salam-panja	Dactylorhiza hatagirea	MFP	Forest	Natural	Plenty	Rare	Widely used to cure various diseass like dysentery, diarrhoea, chronic fever, cough, stomachache, wounds, cuts, burns , fractures & general weakness.	Roots, Rhizomes
Climber	Shingli-mingli	Dioscorea deltoidea	MFP	Forest	Natural	Plenty	Rare	Rhizomes used for the treatment of different diseases such as digestive disorders, sore of throat for struma, dirrhea, wounds, burns & anemia.	Roots
Shurb	Kalveuth	Prunella vulgaris	MFP	Forest	Natural	Plenty	Rare	Useful to treat infections & other illnesses,inflammation,protect against cancer,prevent diabetes complications.	Leaves & Flowers

	Ravend-Chini (Pambchalan)	Rheum australe	MFP	Forest	Natural	Plenty	Sporadic	Used as laxative & also used in various herbal preparations.	Roots, Rhizomes
Herb	Handh	Traraxacum officinale	MFP	Forest	Natural	Plenty	Rare	Has a special effect on the organs involved in digestion, its coffee helps with liver damage & liver weakness as well as bile weakness, stimulate pancreas & kidney function.	Leaves
Herb	Mushakbala	Valeriana hardwickii	MFP	Forest	Natural	Plenty	Rare	Useful in epilepsy,hysteria,hypochondriasis,nerv ous unrest & skin diseases.	Roots
Shurb	Kasrore	Diplazium esculentum	MFP	Forest	Natural	Plenty	Rare	Used as vegetable, dried rhizomes are used as an insecticide, decoction of this plant is used in the treatment of cough & sometimes as a tonic.	Leaves
	Shivlingi	Diplocyclos palmatus	MFP	Forest	Natural	Plenty	Rare	Useful for treatment of Aphrodisiac & tonic, constipation,stomach problem,diarrhoea,malaria fever etc.	Ariel plants parts
Herb	Patrees	Aconitum heterophyllum	MFP	Forest	Natural	Plenty	Threatened	Usefulto treat bronchitis,persistent cough,upper respiratory tract infections, common cold,flu & malaria,treat fever,cough ,vomiting & diarrhea.	Roots
	Pushkarmula	Inula racemosa	MFP	Forest	Natural	Plenty	Rare	Treat chronic bronchitis & Rh,dried hizomes & roots are used to cure loss of appetite & stomach troubles.	Roots, Rhizomes
	Tilpushpi (Foxglove)	Digitalis purpurea	MFP	Forest	Natural	Plenty	Rare	Useful to treat congestive heart failure & heart rhythm problems	Roots
Shrub	Gur-Krandel	Ferula jaeschkeana	MFP	Forest	Natural	Plenty	Rare	Treatment of asthma,whooping cough,flatulent colic,pneumonia,bronchitis	Leaves, Flowers
Herb	Resha-Khatmi	Lavatera cashmeriana	MFP	Forest	Natural	Plenty	Rare	A known medicinal herb used in many unani medicinal preprations,cure throat problem,mild laxative,	Leaves, Roots & Flowers

	1	· · · · · · · · · · · · · · · · · · ·							
Herb	Kour, Kutki, Kadu, Kadvi	Picrorhiza kurroa	MFP	Forest	Natural	Plenty	Rare	Used for the treatment of jaundice, sudden liver infections caused by a virus, fever, allergy & asthma.	Roots
	Chuka Ladur	Polygonum alpinum	MFP	Forest	Natural	Plenty	Rare	Used for edible,an acid flavour,the juice from the plant has been sweetened & used asa refreshing drink.	Leaf stems
	Pitsuaak (Birjung, Pitsouli, Phagermula)	Arctium lappa	MFP	Forest	Natural	Plenty	Rare	Used therapeutically as a depurative, diuretic & digestive stimulant & for dermatologic conditions.	Roots
Herb	Marchi	Thymus linearis	MFP	Forest	Natural	Plenty	Rare	Useful for the treatment of abdominal pain & vomiting	Flowers
Shurb	Kala Zeera	Bunium persicum	MFP	Forest	Natural	Plenty	Rare	Useful in treatment of gastro intenstinal illnesses,including diarrhea & inflammatory bowel disease.	Seeds
Herb	Rumkath, Budarkath (Gidar Tambakoo)	Verbascum thapsus	MFP	Forest	Natural	Plenty	Rare	Useful to treat pulmonary problems ,inflammatory diseases,asthma,diarrhoea & migraine headaches.	Leaves
	Kuhushbondhri (Gas plant)	Dictamnus albus	MFP	Forest	Natural	Plenty	Rare	The plant is used both internally & externally in the treatment of skin diseases ( especially scabies & eczema), arthritic pain & jaundice.	Leaves, Bark & Root
Herb	Kasnil Hand	Cichorium intybus	MFP	Forest	Natural	Plenty	Rare	Useful in treatment of liver disorders,diabetes,jaundice,gout,Rh	Flowers
Herb	Pambechalan/ chukri	Rheum emodi	MFP	Forest	Natural	Plenty	Rare	Used in various traditional systems as laxative,tonic,fever,cough,indigestion & menstrual disorders.	Roots
Tree		Crataegus songarica		Forest	Natural	Plenty	Rare	Treatment against certain fungal & bacterial diseases.	Roots
Tree	Zum	Prunus cormuta		Forest	Natural	Plenty	Rare	Helpful in the treatment of cancer.	Timber

						1		1	
Herb	Neelkanth	Ajuga bracteosa	MFP	Forest	Natural	Plenty	Rare	Useful in the treatment of agues, the juice of the root is used in the treatment of diarrhoea & dysentery, leaves are used in treatment of fevers as a substitute for quinine	Roots
Herb		Rumex nepalensis	MFP	Forest	Natural	Plenty	Rare	A paste of the root is applied to swollen gums. The leaves are used in the treatment of colic. The juice of the leaves is applied externally to relieve headaches.	Whole Plant
Herb	Bergeur,Gandana	Achillea millifolium	MFP	Forest	Natural	Plenty	Rare	used in folk medicines to treat inflammation,pain & gastrointestinal disorders.	Aerial plant parts
Herb		Rumex acetosa	MFP	Forest	Natural	Plenty	Rare	Useful to cure itchy skin & ringworm,laxative.	Leaves
Herb		Sinopodophyllum hexandrum	MFP	Forest	Natural	Plenty	Rare	Used for the ayurvedic treatment of warts,skin diseases.	Roots,Rhizo mes,Resin
		Aconitum	MFP	Forest	Natural	Plenty	Rare	In homeopathy,used to treat fear,anxiety & restlessness,acute sudden fever.	Flowers,Ro
Herb	Choru/Chohori	Angelica glauca Edgw	MFP	Forest	Natural	Plenty	Rare	Used in Dyspepsia,constipations,ulcer of plate,Dysentry, Roots are used as a drug wound and gastric pains	Roots
Herb	Cow Parsnip	Heracleum candicans Wallich ex Benth	MFP	Forest	Natural	Plenty	Rare	The roots are a very good source of xanthotoxin ,which is used in the prepration of suntan lotions & to some extent for the treatment of leucoderma.	Roots
Climber	Agranth	Hedera nepaiensis K. Koch	MFP	Forest	Natural	Plenty	Rare	Used for cure of benign wart, anti-inflamatory & anti-arthritic properties.	Leaves
Shrub	Chalander	Viburnum grandiflorum Wallich ex DC	MFP	Forest	Natural	Plenty	Rare	Used as laxative & blood purifier, also used to reduce muscular cramps.	Fruit
Herb		Galium aparine L	MFP	Forest	Natural	Plenty	Rare	used as diuretic, used to treat swollen lymph glands, tonsillitis and throat infections.	Leaves,Ste m

Herb	Mushkbala	Valeriana jatamansi Jones	MFP	Forest	Natural	Plenty	Rare	useful for epilepsy,hysteria,skin diseases & nervous unrest.	Dried roots & Rhizomes
Tree	Fir	Abies pindrow Spach	CONIFER	Forest	Natural	Plenty	Rare	used for treating fever,wheezing cough & cold.	Seeds,Timb er
Tree	Deodar	Cedrus deodara (Roxb) G. Don	CONIFER	Forest	Natural	Plenty	Rare	used in neurological disorders,asthma,fever,arthritis & headache.	Seeds ,Timb er oil
Tree	Spruce	Picea smithiana (Wall.) Boiss	CONIFER	Forest	Natural	Plenty	Rare	used in pulp industry to make paper, also used for construction shingles, crates & household purposes.	Seeds,Timb er
Tree	Chilgoza	Pinus gerardiana Wall	CONIFER	Forest	Natural	Plenty	Rare	used in anti-bacterial,anti-viral,anti-fungal,anti-septic,& anti-hypertensive.	Seeds
Tree	Kail	Pinus wallichiana Jackson	CONIFER	Forest	Natural	Plenty	Rare	usful in treating burning of the body,cough,fainting & ulcers.	Timber
Herb		Asplenium dathousiae Hook	MFP	Forest	Natural	Plenty	Rare	Effective in typhiod,expectorant,anthelmentic & laxative.	Leaves
Herb	Gentheer	Adiantum capillus- veneris L	MFP	Forest	Natural	Plenty	Rare	used for antibacterial,anti- implantation,antihyperglycemic.	Leaves
Herb	Sapp Guggal	Arisaema flavum (Forsskal) Schott	MFP	Forest	Natural	Plenty	Rare	used in the treatment of chronic tracheitis, bronchiectasis, tetanus and epilepsy	Leaves,Tub ers
Herb		Colocassia esculenta (L.) Schott	MFP	Forest	Natural	Plenty	Rare	used for the treatentof asthma,arthritis, diarrhea, neurological disorders.	Leaves
Herb	Deela	Cyperus rotundus L	MFP	Forest	Natural	Plenty	Rare	Malaria,diarrhea,dibaties	Rhizomes,R oots
Herb	Drub	Cynodon dactylon (L) Pers	MFP	Forest	Natural	Plenty	Rare	used as a laxatie,coolant,expectorant, & as a brain & hert tonic used for all types of bleedings & skin troubles.	Whole plant
Herb	Kai	Saccharum spontaneum L	MFP	Forest	Natural	Plenty	Rare	useful in treatment of dyspepsia,burning sensation, piles,sexual weakness,gynecological troubles,respiratory troules.	Flowers,Gra

Shrub	Vethur	Juniperus communis Linn	B/L	Forest	Natural	Plenty	Rare	used as anti-diarrhoeal,anti- inflammatory,astringent & antiseptic & also used for the treatment of various abdominal disorders.	Stem
Tree	Postul/Brahmi	Taxus baccata L	B/L	Forest	Natural	Plenty	Rare	useful for treating common cold,cough,fever & pain.	Leaves,Bark
Herb		Geranium robertianium L	MFP	Forest	Natural	Plenty	Rare	useful for the treatment of diabetes, bleedings, stomach aliments, kidney infections, jaundice etc.	Leaves
Herb	Gul-e-sanobar	Geranium wallichianum D. Don. Ex Sweet	MFP	Forest	Natural	Plenty	Endangered	used as a cure fortoothache and has been applied externally to the eyes.	Roots,Bark
Herb	Chuku	Oxalis corniculata L	MFP	Forest	Natural	Plenty	Rare	used in the treatment of influenza,fever,urinary tract infections & poisonous snake bites.	Whole plant
Herb	Hillu	Impatiens glandulifera Royle	MFP	Forest	Natural	Plenty	Rare	It is one of the Bach flower remedies,flower extracts used as herbal remedies for physical & emotional problems.	Flower
Shrub	Sanglidhoop	Skimmia anquetilia N.P Taylor & Airy Shaw	MFP	Forest	Natural	Plenty	Rare	used for treatment of swellings,rheumatism & therapy. Powder of its bark is used for the healing of burns & wounds.	Leaves
Shrub	Beri	Zizyphus oxyphylla Edgw	MFP	Forest	Natural	Plenty	Rare	used to treat diabetes,fever,dysentery,as well as blood & skin diseases	Fruit
Tree	Horse chest nut	Aesulus hippocastanum L	B/L	Forest	Natural	Plenty	Rare	used for treatment of dysentry,bronchitis,hemorrhoids.	Leaves
Tree	Kanjal	Acer caesium Wallich ex Brandis	B/L	Forest	Natural	Plenty	Rare	used for treatment of muscular swelling,boils & pimples	Leaves
Herb	Ban Tambaku	Verbascum thapsus L	MFP	Forest	Natural	Plenty	Rare	Inflammatory diseases,asthma,cough,diarrhoea	Leaves
Herb	Neelkanth	Ajuga bracteosa Wall ex Benth	MFP	Forest	Natural	Plenty	Common Vulnerable	Treats agues, diarrhoea& dysentery	Leaf
Herb		Marrubium vulgare L	MFP	Forest	Natural	Plenty	Rare	Digestion problem, breathin problem	Whole plant
Herb	Jungli Pudina	Mentha arvensis L	MFP	Forest	Natural	Plenty	Rare	As a food, stomach problem & allergy	Leaves

Herb	Vena	Mentha longifolia (L) Hudson	MFP	Forest	Natural	Plenty	Rare	Respraitory ailments, treat wounds	Leaves
Herb	Kal viuth	Prunella vulgaris L	MFP	Forest	Natural	Plenty	Rare	Protect against cancer, herpes	Leaves
Shrub	Sheshak	Rabdosia rugosa (Wall ex Benth) Hara	MFP	Forest	Natural	Plenty	Rare	Remedy of helminthiosis, in live stocks	Leaves
Herb	Kashmir sage	Salvia hians Royle ex Benth	MFP	Forest	Natural	Plenty	Rare	Heal eye infections	Aerial Parts
Herb	Gaddo	Salvia moorcroftiana Wall	MFP	Forest	Natural	Plenty	Rare	Gas, gastritis, heart burn	Roots
Shrub	Kanhaji	Sorbaria tomentosa Rehder	MFP	Forest	Natural	Plenty	Rare	Ornamental, stimulate, respiration	Whole Plant
Herb	DhadKopdi	Bergenia stracheyi (H.F.T) Engl	MFP	Forest	Natural	Plenty	Rare	kidney & gall bladder stone	Roots
Herb	Dand jari	Rhodiola himalensis (D.Don) S.H. Fu	MFP	Forest	Natural	Plenty	Rare	Help the body to resist physical, chemical & environmental stress	Bark
Herb	Kuuppad jari	Sedum ewersii Ledeb	MFP	Forest	Natural	Plenty	Rare	Herbal remedy for diptheria, ring worm, treats pimples, acne etc.	Whole plant
Shrub	Anar	Punica granatum L	MFP	Forest	Natural	Plenty	Rare	Treatment of cancer,osteo-arthritic	Whole plant
Herb	Wallichos willow	Epilobium latifolium L	MFP	Forest	Natural	Plenty	Rare	Analgesic,anti-dote	Whole plant
Tree	Ringkul	Crataegus songarica G. Koch	B/L	Forest	Natural	Plenty	Rare	Pulmonary disesses	Whole plant
Herb	Wild Straberry	Fragania nubicola Lindl ex Lacalta	MFP	Forest	Natural	Plenty	Rare	As food, treats profuse mensuration	Fruit
Tree	Haadi	Prunus armeniaca L	B/L	Forest	Natural	Plenty	Rare	Antisposmodic, chronic bronchitis	Whole plant
Shrub		Rubus hoffmeisterianus Kunth & Bouche	MFP	Forest	Natural	Plenty	Rare	Anti-microbial, anti-cancer	Root, Tubers
Herb	Patrishi	Aconitum heterophyllum Wallich ex Royle	MFP	Forest	Natural	Plenty	Rare	Treats reproductive disorders	Not Available

Herb	Tatnu	Caltha palustris L	MFP	Forest	Natural	Plenty	Rare	Treatment of fits & anemia	Leaves,Ste m
Herb	Jala-Kafal	Atropa acuminata Royle	MFP	Forest	Natural	Plenty	Rare	used to make plasters ,in asthma	Whole plant
Herb		Datura stramonium L	MFP	Forest	Natural	Plenty	Rare	stomach pain toothache	Seed
Herb		Hyoscyamus niger L	MFP	Forest	Natural	Plenty	Rare	ailment of bones, nervous diseases	Leaves,seed s
Herb		Solanum nigrum L	MFP	Forest	Natural	Plenty	Rare	dysentery, fever& stomiach complains	Roots
Herb		Solanum surattense Burm. F	MFP	Forest	Natural	Plenty	Rare	bronchitis, cough & constipation	Whole plant
Herb		Digitalis lanata Ehrh	MFP	Forest	Natural	Plenty	Endangered	heart condations, reduce swelling	Leaves
Herb		Digitalis purpurea L	MFP	Forest	Natural	Plenty	Rare	treat heart failure, swelling	Leaves
Herb		Pedicularis pectinata Wall	MFP	Forest	Natural	Plenty	Rare	muscle tension, neck & back pain	Flower,Lea ves
Herb		Pediculans punctata Decne	MFP	Forest	Natural	Plenty	Rare	used in treatment of leucorrhoea,fevers,sterility,rheumatism	Root
Herb		Picrorhiza kurrooa Benth	MFP	Forest	Natural	Plenty	Rare	sudden liver infections, fever allergy	Root,Rhizo me
Herb		Achyranthes aspera Linn	MFP	Forest	Natural	Plenty	Rare	indigestion, snakebite	Whole Plant
Herb		Plantago lanceolata L	MFP	Forest	Natural	Plenty	Rare	eye irritation, inflamation of mouth	Leaves
Shrub	Ban Dhammi,Bala	Sida cordifolia L	MFP	Forest	Natural	Plenty	Rare	Skin dullness,Scars wounds	Leaves,Root s
Herb	Isabgol	Plantago major L	MFP	Forest	Natural	Plenty	Rare	wound healing, anti inflamation	Aerial Parts
Herb		Plantago himalaica Pilg	MFP	Forest	Natural	Plenty	Rare	applied on wounds, anti microbial	Leaves
Herb	Brand	Phytolacca acinosa Roxb	MFP	Forest	Natural	Plenty	Rare	urinary disorders, abdominal tensions	Leaves,Root s
Herb		Bistorta amplexicaulis (D. Don) Greene	MFP	Forest	Natural	Plenty	Rare	leveas as vegetables, tea, fever, joints	Dried Rhizomes
Herb		Oxyria digyna Hill	MFP	Forest	Natural	Plenty	Rare	used to treat scurvy,dysentery	Leaves,Root s,Stem

Herb		Rheum australe D. Don	MFP	Forest	Natural	Plenty	Rare	Gastritis,blood purification	Rhizomes,R oots
Herb		Rheum moorcroftianum Royle	MFP	Forest	Natural	Plenty	Rare	improve memory,renal function disorder	Rhizomes,R oots
Herb		Rumex acetosa L	MFP	Forest	Natural	Plenty	Rare	Treatment of itchy skin,scurvy	Leaves
Herb		Rurnex hastatus D. Don	MFP	Forest	Natural	Plenty	Rare	Treatment of bloody dysentery,aches in throat	Root,Leaves ,Seed
Herb		Rurnex nepalensis Spreng	MFP	Forest	Natural	Plenty	Rare	swollen gums,headache.body pain	Root,seed,L eaf
Tree		Daphne oleoides Schreib	B/L	Forest	Natural	Plenty	Rare	cutaneous affections,gonorrhoea	Bark,Leaves
Herb	Mulain	Inula royleana DC	MFP	Forest	Natural	Plenty	Rare	reduce blood pressure, perestatic movement in intenstines	Aerial Parts
Herb		Jurinea dolomiaea Boiss	MFP	Forest	Natural	Plenty	Rare	loss of apetite, cold bronchitis	Root
Herb		Leontopodium himalayanum DC	MFP	Forest	Natural	Plenty	Rare	used in herbal and protect over skin	Aerial Parts
Herb		Saussurea heteromalla (D. Don) Hand Mazz	MFP	Forest	Natural	Plenty	Rare	horse bite, oil, leucoderma & wounds	Leaf, root
Herb		Saussurea lappa Clarke	MFP	Forest	Natural	Plenty	Rare	anti ulcer, anti cancer	Root
Herb		Senecio amplexicaulis Wall	MFP	Forest	Natural	Plenty	Rare	antifungal and phytotoxic	Whole Plant
Herb	Jarjam	Senecio chrysanthemoides DC	MFP	Forest	Natural	Plenty	Rare	used in eye infections	Whole Plant
Herb		Senecio gradliflorus DC	MFP	Forest	Natural	Plenty	Rare	used in treatment of irregular menses, ease child birth	Root
Herb		Senecio nudicaulis Ham	MFP	Forest	Natural	Plenty	Rare	used in treatment of fever and skin diseases	Leaves
Herb		Solidago virga aurea L	MFP	Forest	Natural	Plenty	Rare	used in treatment of best pain, insomnia	Flowers,Lea ves
Herb		Sonchus arvensis Linn	MFP	Forest	Natural	Plenty	Rare	used in treatment of asthma,chest diseases	Stems,Leav es
Herb		Sonchus asper Vill	MFP	Forest	Natural	Plenty	Rare	used in treatment of skin ailments,anti- bacterial	Leaves,Ste m,Tops

Herb		Sonchus oleraceus L	MFP	Forest	Natural	Plenty	Rare	used for blood purifier,anti-malarial	Stem & Leaves
Herb		Tanacetum gracile Hook. F. & T	MFP	Forest	Natural	Plenty	Rare	used in treatment of intestinal worms,prevent miscarriage	Dried Aerial Parts
Herb	Handh	Taraxacum officinate Weber	MFP	Forest	Natural	Plenty	Rare	increase urine production,,decrease pain	Fruits,Leave
Shrub		Lyonia ovalifolia (Wallich) Drude	MFP	Forest	Natural	Plenty	Rare	treat skin disease,external parasite	Leaves& Buds
Shrub		Rhododendron campanulatum D. Don	MFP	Forest	Natural	Plenty	Rare	treat chronic rheumatism,headache	Leaves
Shrub		Elaeagnus parvifolla Wallich ex Royle	MFP	Forest	Natural	Plenty	Rare	anti-inflamatory anti-oxidant	Flowers,See d
Climber		Viscum album L	MFP	Forest	Natural	Plenty	Rare	treatment of cardiac weakness,arrhythmia	Leaves,Ste m,Pea sized Berries
Herb		Euphorbia cognata (Klotzsch & Garcke) Boiss	MFP	Forest	Natural	Plenty	Rare	Breathing disorder,asthma	Seed Stem
Herb		Euphorbia rothiana Spreng	MFP	Forest	Natural	Plenty	Rare	Rheumatism,warts,cough,asthma	Stem Bark
Herb		Euphorbia helioscopia L	MFP	Forest	Natural	Plenty	Rare	used in pharmaceutical industry.	Leaves, Stem,Root
Herb		Euphorbia wallichii Hook F	MFP	Forest	Natural	Plenty	Rare	used against constipation	Leaf,root
Shrub		Sarcococca saligna (D.Don) Meull Arg	MFP	Forest	Natural	Plenty	Rare	laxative ,blood purifier & muscular analgesic	Leaf,Bark,R oot
Herb		Girardinia heterophylla Decne	MFP	Forest	Natural	Plenty	Rare	used as soap/shampoo for washing,cattle fodder	Whole Plant
Herb		Urtica dioica Linn	MFP	Forest	Natural	Plenty	Rare	urinary tract infections	Root
Tree	Brimij	Celtis australis Willd	B/L	Forest	Natural	Plenty	Rare	treatment of amenorrhoea,heavy menstrual bleeding & colic	Leaves,Root
Tree		Ulmus wallchiana Planch	B/L	Forest	Natural	Plenty	Rare	used to heal body mind & skin	Leaves

Herb		Violacanescens Wallich	MFP	Forest	Natural	Plenty	Rare	used for cough .cold,flu,fever & malaria	Leaf,Flower
Herb		Viola indica W Becker	MFP	Forest	Natural	Plenty	Rare	Respraitory tract congestion asthma ,sore throat	Flowers
Herb		Viola kunawarensis Royle	MFP	Forest	Natural	Plenty	Rare	chronic bronchitic,asthma	Flowers
Herb		Dianthus jacquemontii Edgew	MFP	Forest	Natural	Plenty	Rare	used to stimulates urinary system,digestive system & bowels	Flowers
Herb		Gypsophilla cerastioides D Don	MFP	Forest	Natural	Plenty	Rare	used for production of photographic films	Not Available
Herb		Silene edgeworthii Bocquet	MFP	Forest	Natural	Plenty	Rare	Anti-cancer,anti-fungal & anti-viral	Leaves
Herb		Stellaria media L	MFP	Forest	Natural	Plenty	Rare	cough ,cold constipation,burns	Whole plant
Herb		Hypericum elodeoides Choisy	MFP	Forest	Natural	Plenty	Rare	treatment in mild to moderate depression	Aerial Parts
Shrub		Hypericum oblongifolium Choisy	MFP	Forest	Natural	Plenty	Rare	Hepatitis,gastric ulcers	Aerial Parts
Herb		Hypericum perforatum L	MFP	Forest	Natural	Plenty	Rare	Moderate depression ,anxiety & sleep disorders	Aerial Parts
Herb	Suchal	Malva neglecta Wallr	MFP	Forest	Natural	Plenty	Rare	Astringent,demulcent,diuretic	Leaves,Floe rs,Root
Herb		Geranium polyanthes Edgew & H.F	MFP	Forest	Natural	Plenty	Rare	Tumor,cosmetic,laxative & hair colour	Flower
Herb	Gugchuk,Ringras h	Geranium pretense L	MFP	Forest	Natural	Plenty	Rare	cholera,diarrhoea	Root
Shrub	Tung	Cotinus coggygnia Scop	MFP	Forest	Natural	Plenty	Rare	Coagulant, fever reducer	Leaves,Bark
Shrub		Rhus succedanea L	MFP	Forest	Natural	Plenty	Rare	Treatment of phthisis	Fruits
Herb		Astragalus grahamianus Royle ex Benth	MFP	Forest	Natural	Plenty	Rare	Urinary disease,respiratory,skin problems	Roots

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Shrub		Astragalus himalayana Klotsch	MFP	Forest	Natural	Plenty	Rare	Kidney disease,diabetes	Gum
Shrub	Shemar	Desmodium elegans DC	MFP	Forest	Natural	Plenty	Rare	used for chronic hepitites, treatment of bilious complaints	Whole Plant
Shrub		Indigofera heterantha Wallich ex Brandis	MFP	Forest	Natural	Plenty	Rare	branches are used as basket making it is also used as fuel	Floers ,Bran ches
Shrub		Indigofera tinctoria L	MFP	Forest	Natural	Plenty	Rare	used to treat nervous disorders,asthama, liver disease	Flowering & Fruiting Branches
Herb		Lathyrus aphaca Linn	MFP	Forest	Natural	Plenty	Rare	used in the treatment of toothache	Seed
Herb		Oxytropis lapponica Wahlenb Gay	MFP	Forest	Natural	Plenty	Rare	foiliage & roots are used for detoxification, pain relief	Roots
Herb		Robinia prsudoacacia L	MFP	Forest	Natural	Plenty	Rare	dried leaves are used in treatment of wounds also used in treatment of fever.	Dried Leaves
Herb		Trifalium fragiferum L	MFP	Forest	Natural	Plenty	Rare	used as green manure & flowers are used to make jelly	Flowers,Lea ves
Herb		Trigonella emodi Benth	MFP	Forest	Natural	Plenty	Rare	Reduce fever	Stem ,Leave s
Tree		Monus serrate Roxb	MFP	Forest	Natural	Plenty	Rare	juice of the root is used as an anthelmintic.wood is used for making furniture	Root ,Wood
Tree	Akhroot	Juglans regia Linn	B/L	Forest	Natural	Plenty	Rare	leaves are used in treatment of of chronic coughs,asthma & purify blood and treat diabetes	Leaves,Fruit
Tree		Alnus nepalensis D. Don	B/L	Forest	Natural	Plenty	Rare	Used for making charcoal,reducing swelling of leg,juice is applied on burns	Wood,Leav es,Roots
Tree	Champ	Alnus nitida (Spach) Endl.	B/L	Forest	Natural	Plenty	Rare	Bark is used to treat swelling & body pain	Bark
Tree	Bhoj patra	Betula utilis D Don	B/L	Forest	Natural	Plenty	Rare	Bark is used for writing lengthy scriptures & texts, also used for packaging	Bark
Tree		Populus alba L	B/L	Forest	Natural	Plenty	Rare	used in the treatment of arthritis,gout,lower back problem and reduce fever	Stem,Bark

Shrub	Kareel- kaimbal	Berberis aristata DC	MFP	Forest	Natural	Plenty	Rare	used in treament of juindice,urinary disorders	Root,Stem, Leaves
Shrub		Berberis jaeschkeana C.K Schneider	MFP	Forest	Natural	Plenty	Rare	used in treatment of tumor	Rhizomes,F ruit
Shrub	Kaimal/ Daruhaldi	Berberis lycium Royle Trans Linn	MFP	Forest	Natural	Plenty	Rare	used an immunity booster	Roots ,Stem ,Bark
Herb		Podophyllum hexandrum Royle	MFP	Forest	Natural	Plenty	Rare	usedto treat gynecology infections	Rhizomes
Herb		Meconopsis aculeata Royle	MFP	Forest	Natural	Plenty	Rare	used to help heal broken bones,treaty inflammation from fractures	Whole Plant
Herb		Meconopsis latifolia Prain	MFP	Forest	Natural	Plenty	Rare	used against ulces, disorders of lungs.	Flowers
Herb		Papaver somniferum L	MFP	Forest	Natural	Plenty	Rare	used for commercial purposes	Whole Plant
Herb		Corydalis cachemiriana Royle	MFP	Forest	Natural	Plenty	Rare	used for mild depression	Flowerrs,St ems, Leaves
Herb	Bhutyata	Corydalis govaniana Wallich	MFP	Forest	Natural	Plenty	Rare	its drug is usd in the form of decoction	Whole Plant
Herb		Corydalis thyrsiflora Prain	MFP	Forest	Natural	Plenty	Rare	used to treat stomach problem	Leaves,Flo wers
Herb		Fumaria indica Pugsley	MFP	Forest	Natural	Plenty	Rare	used as a common weed,isolation & polyherbal	Whole Plant
Herb		Capsella bursa pastoris (L) Moench	MFP	Forest	Natural	Plenty	Rare	used as a folk remedy for cancer,nose bleeding	Seeds,Leave s
Herb		Nasturtium officinale Br.	MFP	Forest	Natural	Plenty	Rare	leaves are used as a pungent garnish,eatenraw in salads	Leaves,Flio wrrs, Buds
Herb		Brassica rapa L	MFP	Forest	Natural	Plenty	Rare	provides oils & vegetables,fodder	Whole Plant
Herb		Iris hookeriana M. Foster	MFP	Forest	Natural	Plenty	Rare	used in aromatherapy,rhizomes given to babies to help in teething	Rhizomes
Herb		Iris kashmiriana Baker	MFP	Forest	Natural	Plenty	Rare	used in treatment of joint pains	Rhizomes
Herb		Iris kemaonensis D. Don ex Royle	MFP	Forest	Natural	Plenty	Rare	flowers are used in herbal medicines	Flowers

Herb		Narcissus tazetta L	MFP	Forest	Natural	Plenty	Rare	used in treatment of boils & mastits	Root
Herb		Dioscorea deltoidea Wal ex Kunth	MFP	Forest	Natural	Plenty	Rare	used in treatment of digestive disorders ,wound & burns	Rhizomes
Herb	Chingposh	Colchicum luteum Baker	MFP	Forest	Natural	Plenty	Rare	used as carminative & aphrodisiac,treatment of gout	Corm,Seeds
Herb		Fritillaria roylei Hook	MFP	Forest	Natural	Plenty	Rare	used for healing wounds	Roots
Herb		Gagea elegans Wall	MFP	Forest	Natural	Plenty	Rare	Used in the form of infusions or decoctions.	Leaves
Herb		Notholirion thomsonianum (Royle) Stapf	MFP	Forest	Natural	Plenty	Rare	Treatment of Various infectious Diseases espically intestinal.	Flower,Lea ves
Herb		Polygonatum multiflorum (Linn.) All	MFP	Forest	Natural	Plenty	Rare	used in wound healing being anti- bectarial	Roots
Herb		Polygonatum verticillatum All	MFP	Forest	Natural	Plenty	Rare	used to cure cardiptonic,aphrodisiac	Tender leaves,Youn g shoots
Herb		Trillium govanianum Wall	MFP	Forest	Natural	Plenty	Rare	used in dysentery, wound healing,menstral &sexual disorders.	Rhiozomes, Roots
Herb		Tulipa stellata Hook f	MFP	Forest	Natural	Plenty	Rare	Used for sinus Pain ,Hay Fever& Headache.	Whole Plant
Herb		Arisaema jacquemontii Blume	MFP	Forest	Natural	Plenty	Rare	used for the treatment of dermatological disorders,used for phenols	Root
Herbs		Valeriana pyrolaefolia decne	MFP	Forest	Natural	Plenty	Rare	Usedb orally for anxiety& Psychological stress.	Root
Herbs		Dipsacus inermis Wall	MFP	Forest	Natural	Plenty	Rare	used in ayurvedic system of medicine	Fresh & Dried Leaves
Herbs	Kim	Morina Longifolia Wallich ex DC	MFP	Forest	Natural	Plenty	Rare	Stem, leaves & flowers used as digestive, emetic & stomachic	Whole Plant
Herbs		Achillea millefolium L	MFP	Forest	Natural	Plenty	Rare	above ground parts used in cold, tonic & astringent	Aerial Parts
Herbs		Ainsliaea aptera DC.	MFP	Forest	Natural	Plenty	Rare	roots used to relieve stomachache, acute fever & constipation	Roots

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Local

Bonafide purpose Inhabitants of the area.

Herbs		Anaphalis nubigena Clarke	MFP	Forest	Natural	Plenty	Rare	used as aromatic & antimicrobial	Aerial Parts
Herbs	Mooin	Artemisia Maritima L.	MFP	Forest	Natural	Plenty	Rare	antiseptic, diuretic & antipyretic	Leraves ,Flo wering
Shrub	Shutenger	Rhododendron anthopogon D. Don	MFP	Forest	Natural	Plenty	Rare	treatment of constipation, didysentry, fever	Leaves
Tree	Kahu	Olea cuspidata Wallich ex G. Don	B/L	Forest	Natural	Plenty	Rare	bark used for fracture, leave use for treatment of malaria, UTI	Bark,Leaves
Herbs	Kazuban	Arnebia benthamii (Wall. Ex G.Don) Johnston	MFP	Forest	Natural	Plenty	Rare	used as red clour to food, oil & fats, plantalso used as diuretic, expectorant, tonic	Flowering, Shoots & Roots
Grass	Congress grass /Jadi	Parthenium hysterophorus	MFP	Forest	Natural	Plenty	Rare	Commercial enzymes production, biopesticides, green manure & composte	Weed
Herb	Bhang	Cannabis sativa	MFP	Forest	Natural	Plenty	Rare	Used as a source of industrial fibre, seed oil, food, recreation, religious & spritiual moods & medicine	Leaves
Tree	Trikanni	Acer pictum	B/L	Forest	Natural	Plenty	Rare	Use as food ,medicine,ornamental & source of wood	Whole plant
Tree	Bren	Ulmus villosa	B/L	Forest	Natural	Plenty	Rare	Medicinal ,aeromatic,anti- inflammatory,furniture	Bark,Leaves
Tree	Bankhoor	Aesculus indica	B/L	Forest	Natural	Plenty	Rare	Treatment of skin diseae, Rh, astringent, narcotic, relef of headache	Leaves,Flo wers
Herb	Hamesh-Bahar	Calendula officinalis	MFP	Forest	Natural	Plenty	Rare	Applied on Skin disease,Burns	Flower,leaf
Tree	Feku	Ficus Palmata		Forest	Natural	Plenty	Rare	Skin diseases, contipation	Fruit
Herb	Banafsha	Viola odorata	MFP	Forest	Natural	Plenty	Rare	Throat problem,Cold,cough	Flower
Herb	Nirbisha	Delthinium drunonianum	MFP	Forest	Natural	Plenty	Rare	Diabetes	Whole Plant
Shrub	Tutfoor,Rachi	Ephedra gegardina	MFP	Forest	Natural	Plenty	Rare	Asthma,Cardic Stimulate,Allergy,Respiratory Disorder	Twigs
Herb	Tengu,Tyangu	Hyssopus officinalis	MFP	Forest	Natural	Plenty	Rare	Substitute for saffron,Liver & Blood Disorder	Flower

Fungi	Guchhi	Morchilla esculenta	MFP	Forest	Natural	Plenty	Rare	Edible,laxative,Body tonic,stomach problem,economical beneficial	Whole part
Fungi		Aricus campestris	MFP	Forest	Natural	Plenty	Rare	treatment of cancer, Type-2 diabetes, high-cholestrol, digestive problem	Whole part
Fungi		Schizophyllum commune	MFP	Forest	Natural	Plenty	Rare	Anti-cancer activity,edible	Whole part
Fungi	Datura	Geatrum triplex	MFP	Forest	Natural	Plenty	Rare	Analgesic,anti-inflammatory,treatment of stomach	Whole part
Herb		Bupleurum bupjucundum	MFP	Forest	Natural	Plenty	Rare	Respiratory infection, swine flu	Aerial Part
Herb		Bupleurum longifolium	MFP	Forest	Natural	Plenty	Rare	Respiratory infection, swine flu	Aerial Part
Herb		Coriandrum sativum	MFP	Forest	Natural	Plenty	Rare	Measals, hemorrhoits, toothache & joint pain	Leaves, Seeds
Herb		Oenanthe javanica	MFP	Forest	Natural	Plenty	Rare	Joundice, abdomnal pain	Whole part
Herb		Pleurosermum brunonis	MFP	Forest	Natural	Plenty	Rare	To cure skin infections, joundice, insect repllents	Flowers
Herb		Aralia cachemirica	MFP	Forest	Natural	Plenty	Rare	To treat RH, Nephritis, Gastritis, inflammation	Whole part
Herb		Arisaema propinquum	MFP	Forest	Natural	Plenty	Rare	Uses in snake bite, RH	Rhizomes
Herb		Begonia rubella	MFP	Forest	Natural	Plenty	Rare	Cure arthrites & common join pain	Whole part
Herb		Hackelia uncinata	MFP	Forest	Natural	Plenty	Rare	Used to cure fractured bones	Leaves, Flowers
Herb		Myosotis alpestris	MFP	Forest	Natural	Plenty	Rare	Lotion for wounds nose bleed	Whole part
Herb		Onosma hispidum	MFP	Forest	Natural	Plenty	Rare	Used as food & medicine, wounds	Roots
Herb		Pseudomertensia moltkioides	MFP	Forest	Natural	Plenty	Rare	Traditional Medicines	Flowers
Herb		Pseudomertensia trollii	MFP	Forest	Natural	Plenty	Rare	Traditional Medicines	Flowers
Herb		Alliaria petiolata	MFP	Forest	Natural	Plenty	Rare	Treatment of bronchitis,asthma,& Rh	Whole part
Herb		Arabis bijuga	MFP	Forest	Natural	Plenty	Rare	Gastro-intestinal problems,dysentry & stomach ache	Whole part
Herb		Hesperis matronalis	MFP	Forest	Natural	Plenty	Rare	Treatment of Scurvy,oil used in perfumery	Leaves, Flowers

Herb		Lepidium irginicum	MFP	Forest	Natural	Plenty	Rare	To treat vitamin-C deficency,pains & diabetes	Whole part
Herb	Raph	hanus sativus	MFP	Forest	Natural	Plenty	Rare	To treat constipation, chronic tracheitis & hypertension	Leaves root
Herb	Sisy	mbrium irio	MFP	Forest	Natural	Plenty	Rare	Edible, Treat cough & chest congestion, Rh & clean wounds	Leaves, Flowers
Herb	Thlo	aspi arvense	MFP	Forest	Natural	Plenty	Rare	Antidote,Blood tonic	Seed, Leaf
Herb		Thlaspi hleariforme	MFP	Forest	Natural	Plenty	Rare	Treated chronic problems related to menses	Leaves, Flowers
Shrub		arcococca uniformis	MFP	Forest	Natural	Plenty	Rare	Laxative, blood purifier	Leaves, Root
Herb		odonopsis lematidea	MFP	Forest	Natural	Plenty	Rare	Increase red & white blood cells counts & promote blood circulation	Leaves, Flowers
Herb	Code	onopsis ovata	MFP	Forest	Natural	Plenty	Rare	Treatment of ulcers & wounds	Leaves, Flowers
Herb	Cyano	anthus lobatus	MFP	Forest	Natural	Plenty	Rare	Laxative, treatment of serous disorders & constipation	Leaves, Root
Shrub	Lon	icera oblate	MFP	Forest	Natural	Plenty	Rare	Used for digestive disorders,including pain & swelling	Aerial Part
Shrub	Scab	iosa speciosa	MFP	Forest	Natural	Plenty	Rare	To treat heel cracks, liver diseases	Leaves
Herb		ria bryophylla Fernald	MFP	Forest	Natural	Plenty	Rare	useful in diarrhoea & vomiting	Aerial Part
Herb		Cerastium astoides (L.) Britton	MFP	Forest	Natural	Plenty	Rare	Anti bacterial activity	Flowers, stem
Herb	Diant	hus angulatus Baumg	MFP	Forest	Natural	Plenty	Rare	Used as a tonic for urinary system,digestive system & bowls	Leaves
Herb	aqu	Myosoton aticum (L.) Moench	MFP	Forest	Natural	Plenty	Rare	Treatment of fistula	Flowers, Seeds
Herb	nepale	Anaphalis ensis (Spreng.) andMazz.	MFP	Forest	Natural	Plenty	Rare	Respiratory problems including asthma, cough etc.	Flowers
Herb	tripli	Anaphalis inervis (Sims) B. Clarke	MFP	Forest	Natural	Plenty	Rare	Emilepsy, laceration of toes & wounds	Flowers

Herb		Anaphalis margaritaceae L.	MFP	Forest	Natural	Plenty	Rare	Diarrhoea, dysentry, Rh, joints	Flowers
Herb		Artemisia dubia Wall.	MFP	Forest	Natural	Plenty	Rare	Cuts & wounds	Leaves
Herb		Artemisia scoparia Waldst. & Kitam.	MFP	Forest	Natural	Plenty	Rare	Antiseptic, Antipyretic	Leaves
Herb		Artemisia vestita Wall. ex Besser	MFP	Forest	Natural	Plenty	Rare	Inflammatory diseases	Leaves
Herb		Aster flaccidus Bunge	MFP	Forest	Natural	Plenty	Rare	Tuberculosis & pertussis	Flowers, Root
Herb		Aster molliusculus (Lindl. ex DC.) C.B.Clarke	MFP	Forest	Natural	Plenty	Rare	Antibacterial, skin infection, ulcers & wounds	Flowers, Root
Herb		Aster thomsonii C.B.Clarke	MFP	Forest	Natural	Plenty	Rare	Traditional Medicines	Flowers, Root
Herb		Carduus edelbergii <u>Rech.f.</u>	MFP	Forest	Natural	Plenty	Rare	Traditional Medicines	Flower, Leaf
Herb		Cicerbita macrorhiza (Royle) Beauverd	MFP	Forest	Natural	Plenty	Rare	Fever	Whole par
Herb		Gnaphalium stewartii C.B.Clarke	MFP	Forest	Natural	Plenty	Rare	Sciatica, Rh pain	Leaves, Flowers
Herb	Sunflower	Helianthus annuus L.	MFP	Forest	Natural	Plenty	Rare	High fever, snake bite	Leaf, Seed
Herb	Pushkarmula	Inula grandiflora Willd.	MFP	Forest	Natural	Plenty	Rare	Chronic bronochits & Rh	Rhizomes
Herb		Jurinea macrocephala DC.	MFP	Forest	Natural	Plenty	Rare	Cancer, Arthrithes	Leaves, Flowers
Herb		Ligularia amplexicaulis DC.	MFP	Forest	Natural	Plenty	Rare	Vomiting from indigestion	Leaves, Flowers
Herb	Gomchooi	Ligularia fischeri (Ledeb.) Turcz.	MFP	Forest	Natural	Plenty	Rare	Jaundice,Rh,Hepatic disease	Leaves, Flowers
Herb		Onopordum acanthium L.	MFP	Forest	Natural	Plenty	Rare	Anti-inflammatory,Anti-tumor,	Roots, sten

Herb	Saussurea costus (Falc.) Lipsch.	MFP	Forest	Natural	Plenty	Rare	Treating worm( <b>Nemotode</b> ),Asthma,Cough,cold & Gas	Roots
Herb	Saussurea gnaphalodes (Royle) Sch.Bip.	MFP	Forest	Natural	Plenty	Rare	Inflammation,heart diseases, & liver diseases	Whole part
Herb	Saussurea gossypiphora D.Don	MFP	Forest	Natural	Plenty	Rare	Inflammation,heart diseases, & liver diseases	Whole part
Herb	Senecio chrysanthemoides DC.	MFP	Forest	Natural	Plenty	Rare	Dysentry,infections,Rh,Cancer,Asthma	Whole part
Herb	Sonchus asper (L.) Hill	MFP	Forest	Natural	Plenty	Rare	Anti-bacterial & Anti-fungal	Leaves
Herb	Tanacetum dolichophyllum Kitam.	MFP	Forest	Natural	Plenty	Rare	Fever, migrana, headache, Rh	Flowers
Herb	Tussilago farfara L.	MFP	Forest	Natural	Plenty	Rare	Disorder of the respiratory tract, skin, cold	Leaf
Herb	Waldheimia glabra (Decne.) Regel	MFP	Forest	Natural	Plenty	Rare	Influenza virus & anti complementry extract	Leaves, Flowers
Herb	Waldheimia tomentosa (Decne.) Regel	MFP	Forest	Natural	Plenty	Rare	Stomach ache problem	Leaves, Flowers
Herb	Youngia japonica (L.) DC.	MFP	Forest	Natural	Plenty	Rare	Boils & snake bites	Leaves, Flowers
Herb	Rhodiola heterodonta (Hook. f. & Thomson) Boriss.	MFP	Forest	Natural	Plenty	Rare	Anxiety, fituge & dipression	Rhizomes
Herb	Rhodiola wallichiana (Hook.) S.H. Fu	MFP	Forest	Natural	Plenty	Rare	Anxiety, fituge & dipression	Leaves, Flowers
Climber	Cucumis sativus L.	MFP	Forest	Natural	Plenty	Rare	Blemished skin, heart rash, burns, sores	Whole part
Climber	Cucurbita pepo L.	MFP	Forest	Natural	Plenty	Rare	Anti inflamentry, anti viral, anti ulcer	Whole part
Shrub	Datisca cannabina L.	MFP	Forest	Natural	Plenty	Rare	Treatment of Rh	Root

Herb	Equisetum arvense L.	MFP	Forest	Natural	Plenty	Rare	Stop bleeding, heal ulcer & wounds	Whole part
Shrub	Gaultheria trichophylla Royle	MFP	Forest	Natural	Plenty	Rare	Anti oxidant & anti inflamentry	Whole part
Herb	Euphorbia cornigera Boiss.	MFP	Forest	Natural	Plenty	Rare	Breathing disorders including asthma, bronchitis	Leaves, Flowers
Herb	Euphorbia thomsoniana Boiss.	MFP	Forest	Natural	Plenty	Rare	Breathing disorders including asthma, bronchitis	Leaves, Flowers
Tree	Quercus baloot Griff.	B/L	Forest	Natural	Plenty	Rare	Anti bacterial potential	Whole part
Tree	Quercus semecarpifolia Sm.	B/L	Forest	Natural	Plenty	Rare	Diarrhoea, dysentry	Whole part
Herb	Gentiana cachemirica Decne.	MFP	Forest	Natural	Plenty	Rare	Digession problem	Leaves, Flowers
Herb	Gentiana ornata (D.Don) Wall. ex Griseb.	MFP	Forest	Natural	Plenty	Rare	Diarrhoea, dysentry	Leaves, Flowers
Herb	Gentiana phyllocalyx C.B Clarke	MFP	Forest	Natural	Plenty	Rare	Diarrhoea, dysentry	Leaf, sepal
Herb	Gentiana tianschanica Rupr. ex Kusn.	MFP	Forest	Natural	Plenty	Rare	Digession problem	Whole part
Herb	Gentianella moorcroftiana (Wall. ex Griseb.) Airy Shaw	MFP	Forest	Natural	Plenty	Rare	Cold cough, nausa	Leaf
Herb	Swertia ciliata (D. Don ex G. Don) B.L. Burtt	MFP	Forest	Natural	Plenty	Rare	Skin diseases, cancer	Whole part
Herb	Swertia petiolata Royle ex D.Don	MFP	Forest	Natural	Plenty	Rare	Inflammation of the liver & high blood pressure	Whole part
Herb	Swertia speciosa G.Don	MFP	Forest	Natural	Plenty	Rare	Asthma, liver disorder	Root
Herb	Erodium cicutarium L. (L.) Her	MFP	Forest	Natural	Plenty	Rare	Typhoid, fever	Whole part

Herb	Geranium lambertii Sweet	MFP	Forest	Natural	Plenty	Rare	Skin problem, reduces strss	Dried leaves
Herb	Geranium nepalense Sweet	MFP	Forest	Natural	Plenty	Rare	Nervous diseseas, pains, Rh	Whole part
	Geranium pusillum L.	MFP	Forest	Natural	Plenty	Rare	Used as an Anodyne, Astringent	Whole part
Herb	Geranium rotundifolium L.	MFP	Forest	Natural	Plenty	Rare	Used as an Anodyne, Astringent	Whole part
Herb	Geranium wallichianum D.Don ex Sweet	MFP	Forest	Natural	Plenty	Rare	Peptic ulcers, cure toothache	Whole part
Shrub	Ribes nigrum L.	MFP	Forest	Natural	Plenty	Rare	Useful in allergy, fatigue, rhimities	Whole part
Shrub	Ribes himalense Royle ex Decne.	MFP	Forest	Natural	Plenty	Rare	Used as food & medicine	Fruit
Herb	Hypericum japonicum Thunb.	MFP	Forest	Natural	Plenty	Rare	Asthama & dycenty	Leaves, Flowers
Herb	Ajuga integrifolia BuchHam.	MFP	Forest	Natural	Plenty	Rare	Diarrhea, Malaria	Leaf
Herb	Clinopodium vulgare L.	MFP	Forest	Natural	Plenty	Rare	Overcome weak digestion	leaves
Herb	Elsholtzia ciliata (Thunb.) Hyl.	MFP	Forest	Natural	Plenty	Rare	Common cold, fevers, headache	Whole part
Shrub	Isodon rugosus (Wall. ex Benth.) Codd	MFP	Forest	Natural	Plenty	Rare	Tooth ache,gastric pain,	Whole part
Herb	Lamium album L.	MFP	Forest	Natural	Plenty	Rare	Abnormal vaginal discharge, & to relieve painful periods	Leaves, Flowers
Herb	Leonurus cardiaca L.	MFP	Forest	Natural	Plenty	Rare	Gynacological afflictions	Seed
Herb	Mentha arvensis L.	MFP	Forest	Natural	Plenty	Rare	Diarrhea & Dysentry,stomach problem	Leaves
Herb	Nepeta connata Royle ex Benth.	MFP	Forest	Natural	Plenty	Rare	Dysentry,,Teeth troubles	Leaves
Herb	Nepeta leucophylla Benth.	MFP	Forest	Natural	Plenty	Rare	Dysentry,,Teeth troubles	Leaves
Herb	Phlomis bracteosa Royle ex Benth.	MFP	Forest	Natural	Plenty	Rare	Bone fractures, sinus congustion, indigestion	Leaves, Flowers

Herb		Salvia campanulata Wall. ex Benth.	MFP	Forest	Natural	Plenty	Rare	Gout, Rh, Diarrhea	Leaves, Flowers
Herb		Astragalus candolleanus Benth.	MFP	Forest	Natural	Plenty	Rare	Analgesic, nutritive	Leaves, Root
Herb		Astragalus chlorostachys Lindl.	MFP	Forest	Natural	Plenty	Rare	Immune tonifying, lung tonic	Dried root
Herb		Astragalus frigidus (L.) A.Gray	MFP	Forest	Natural	Plenty	Rare	Immune tonifying, lung tonic	Dried root
Herb	Soyabean	Glycine max (L.) Merr.	MFP	Forest	Natural	Plenty	Rare	Treatment of oedema, dysuria	Seed
Herb		Lotus corniculatus L.	MFP	Forest	Natural	Plenty	Rare	Anti-inflammatory,Skin inflammation	Flowers
Shrub		Robinia pseudoacacia L.	MFP	Forest	Natural	Plenty	Rare	Wounds, Pain reliever	Dried leaves
Herb		Trifolium pratense L.	MFP	Forest	Natural	Plenty	Rare	Antispasmodic, Anti-inflammatory	Leaves flower
Herb		Trifolium repens L.	MFP	Forest	Natural	Plenty	Rare	Gout, Cough, Eyewash	Leaves flower
		Vicia rigidula Royle	MFP	Forest	Natural	Plenty	Rare	Weight loss	Leaves flower
Herb		Fritillaria roylei Hook.	MFP	Forest	Natural	Plenty	Rare	Anti-Asthmatic, Anti- Rh	Root
Herb		Gagea lutea	MFP	Forest	Natural	Plenty	Rare	Used as food	Bulbs, leaves
Herb		Lilium polyphyllum D.Don	MFP	Forest	Natural	Plenty	Rare	Diuretic,Anti-pyruetic	Bulbs
Herb		Lavatera cachemiriana Cambess.	MFP	Forest	Natural	Plenty	Rare	Throat problem, mild laxative	Leaf, Flower
Tree		Ficus carica L.	B/L	Forest	Natural	Plenty	Rare	Respiratory problems,Anti- inflammatory	Fruit, leaves
Tree		Morus alba L.	B/L	Forest	Natural	Plenty	Rare	Asthma,Bronochits	Bark
Climber		Jasminum humile L.	MFP	Forest	Natural	Plenty	Rare	Heart bowels, Astringent	Roots, Flower
Climber		Jasminum officinale L.	MFP	Forest	Natural	Plenty	Rare	Hepatitis, Diarrhea, Cancer treatment	Flower

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Shrub	Syringa emodi Wall. ex. Royle.	MFP	Forest	Natural	Plenty	Rare	Stomach treatment, instential problems	Seed, Fruit
Herb	Epilobium angustifolium L.	MFP	Forest	Natural	Plenty	Rare	Anti- septic, ulcers,inflammation	Whole part
Herb	Epilobium latifolium L.	MFP	Forest	Natural	Plenty	Rare	Analgesic,Antidote	Whole part
	Epilobium royleanum Hausskn.	MFP	Forest	Natural	Plenty	Rare	Treatment & prostate bladder	Whole part
Herb	Calanthe tricarinata Lindl.	MFP	Forest	Natural	Plenty	Rare	Asthma, Coughing	Leaves flower
Herb	Cypripedium cordigerum D.Don	MFP	Forest	Natural	Plenty	Rare	Fever, Backache	Fruit
Herb	Euphrasia himalayica Wettst.	MFP	Forest	Natural	Plenty	Rare	Calms stressed & tired eyes	Aeriel part
Herb	Orobanche alba Stephan	MFP	Forest	Natural	Plenty	Rare	Digestive problem	Roots
Herb	Pedicularis cheilanthifolia Schrenk	MFP	Forest	Natural	Plenty	Rare	Skeletal muscle relaxant	Fresh leaves
Herb	Corydalis meifolia Wall	MFP	Forest	Natural	Plenty	Rare	Depression, Mental Disorder	Tuber & roots
Herb	Corydalis stewartii Fedde	MFP	Forest	Natural	Plenty	Rare	Stomach problem	Tuber & roots
Herb	Papaver argemone L.	MFP	Forest	Natural	Plenty	Rare	Tumors,warts, skin diseases	Whole part
Shrub	Arundo donax L.	MFP	Forest	Natural	Plenty	Rare	Basket making, Diuretic, Diaphroetic	Grass
Herb	Cymbopogon jwarancusa	MFP	Forest	Natural	Plenty	Rare	Blood diseases,skin,Burning, vomiting	Whole part
Herb	Dichanthium annulatum (Forssk.) Stapf	MFP	Forest	Natural	Plenty	Rare	Hypertension,Anti-ulcer	Whole part
Herb	Eleusine coracana (L.) Gaertn.	MFP	Forest	Natural	Plenty	Rare	Liver disorder, smallpox	Whole part
Herb	Hierochloe laxa Hook. f	MFP	Forest	Natural	Plenty	Rare	Sore throat, fever, Cough	Leaves, stem

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Herb	Hordeum vulgare L.	MFP	Forest	Natural	Plenty	Rare	Emollient febrifuga,& stoamachic	Whole part
Herb	Oryza sativa L.	MFP	Forest	Natural	Plenty	Rare	Poor appetite, indigestion bloating	Seeds
Herb	Pennisetum flaccidum Griseb.	MFP	Forest	Natural	Plenty	Rare	Fooder, Traditional medicines	Whole part
Herb	Poa koelzii Bor	MFP	Forest	Natural	Plenty	Rare	Inflammation of kidney	Leaves
Herb	Setaria viridis (L.) P.Beauv.	MFP	Forest	Natural	Plenty	Rare	Diuretic,Emollient febrifuge	Leaves seeds
Herb	Triticum aestivum L.	MFP	Forest	Natural	Plenty	Rare	Anti-oxidant, Astringgent,laxative	Whole part
Herb	Zea mays L.	MFP	Forest	Natural	Plenty	Rare	Bladder infection,prostrate issue	Corn silk
Herb	Polemonium caeruleum L.	MFP	Forest	Natural	Plenty	Rare	Headache ,fever,	Whole part
Herb	Fagopyrum esculentum Moench	MFP	Forest	Natural	Plenty	Rare	Anti-cancer,Anti-stress	Whole part
Herb	Persicaria alpina (All.) H.Gross	MFP	Forest	Natural	Plenty	Rare	Treatment of sore throat & loose gum	Roots
Herb	Persicaria capitata (BuchHam. ex D.Don) H.Gross	MFP	Forest	Natural	Plenty	Rare	Urological disorder	Whole part
Herb	Persicaria amplexicaulis (D.Don) Ronse Decr.	MFP	Forest	Natural	Plenty	Rare	Constipation,Common cold	Leaves, Stem
Herb	Persicaria nepalensis (Meisn.) Miyabe	MFP	Forest	Natural	Plenty	Rare	Anti- bacterial,Anti-fungal	Leaves, Root
Herb	Persicaria vivipara (L.) Ronse Decr.	MFP	Forest	Natural	Plenty	Rare	Traditional Medicines	Root
Herb	Persicaria wallichii Greuter & Burdet	MFP	Forest	Natural	Plenty	Rare	Menstrual bleeding & utrine bleeding	Whole part
Herb	Polygonum affine D. Don	MFP	Forest	Natural	Plenty	Rare	Diarrhea, Throat infections	Roots
Herb	Rheum spiciforme Royle	MFP	Forest	Natural	Plenty	Rare	oxidative stress	Whole part

Herb	Rheum webbianum Royle	MFP	Forest	Natural	Plenty	Rare	Renal function disorders, Cancer	Whole part
Herb	Rumex acetosa L.	MFP	Forest	Natural	Plenty	Rare	Diuretic, Astringent, laxative	Leaves
Herb	Rumex nepalensis Spreng.	MFP	Forest	Natural	Plenty	Rare	Astringent, Astringent	Leaves
Herb	Androsace mucronifolia Watt	MFP	Forest	Natural	Plenty	Rare	Folk medicines	Flower
Herb	Androsace muscoidea Duby	MFP	Forest	Natural	Plenty	Rare	Traditional Medicines	Flower
Herb	Androsace primuloides Duby	MFP	Forest	Natural	Plenty	Rare	Local use of medicines, ornamental use	Leaves, Flowers
Herb	Cortusa brotheri Pax ex Lipsky	MFP	Forest	Natural	Plenty	Rare	Traditional Medicines	Leaves, Flowers
Herb	Primula stuartii Wall	MFP	Forest	Natural	Plenty	Rare	Analgesic, Cold, Diuretic	Leaves, Flowers
Shrub	Ziziphus oxyphylla Edgew.	MFP	Forest	Natural	Plenty	Rare	Allergy, Microbial infections	Whole part
Herb	Aconitum rotundifolium Kar. & Kir.	MFP	Forest	Natural	Plenty	Rare	Used as Arrow poisions	Roots
Herb	Aconitum violaceum Jacquem.	MFP	Forest	Natural	Plenty	Rare	Antidote,Anti-inflammatory	Whole part
Herb	Actaea spicata L.	MFP	Forest	Natural	Plenty	Rare	Snake bite, Nervous disoredr	Roots
Herb	Adonis chrysocyathus Hook.f. & Thomson	MFP	Forest	Natural	Plenty	Rare	Anti-oxidant,Anti-inflammatory	Whole part
Herb	Anemone rivularis BuchHam. ex DC.	MFP	Forest	Natural	Plenty	Rare	Anti-anemic & vermifuge	Leaf
Herb	Aquilegia fragrans Benth.	MFP	Forest	Natural	Plenty	Rare	Sedative, Diarrhea, jaundice	Whole part
Herb	Aquilegia nivalis Falc. ex B. D. Jacks.	MFP	Forest	Natural	Plenty	Rare	Cough & Cold	Rhizomes

Herb		Delphinium brunonianum Royle	MFP	Forest	Natural	Plenty	Rare	Local Medicines,Usee as oil	Whole part
Herb		Delphinium cashmerianum Royle	MFP	Forest	Natural	Plenty	Rare	Intestinal worms,insomia	Roots
Herb		Delphinium vestitum Wall. ex Royle	MFP	Forest	Natural	Plenty	Rare	Cuts ,Dysentry, Rh,Ulcers	Leaves
Herb		Ranunculus distans Royle	MFP	Forest	Natural	Plenty	Rare	Anti-Rh, Intermittent fever	Leaves
Herb		Ranunculus hirtellus Royle	MFP	Forest	Natural	Plenty	Rare	Curing swellingin testes	Leaves, Flowers
Herb		Thalictrum cultratum Wall.	MFP	Forest	Natural	Plenty	Rare	Traditional Medicines	Whole part
Herb		Thalictrum foliolosum DC.	MFP	Forest	Natural	Plenty	Rare	Tonic diuretic, Snakebite, jaundice, Rh	Roots
Herb		Thalictrum virgatum Hook. & Thomson	MFP	Forest	Natural	Plenty	Rare	Fever, dysentry, Bloodshot eyes, sore throat	Root, Rhizomes
Herb		Agrimonia pilosa Ledeb.	MFP	Forest	Natural	Plenty	Rare	Abdominal pain, sore throat, hedache	Leaves
Tree	Bahi	Cydonia oblonga Mill.	B/L	Forest	Natural	Plenty	Rare	Cancer, diabetes	Fruit seeds
Herb		Duchesnea indica (Andrews) Focke	MFP	Forest	Natural	Plenty	Rare	Used as fruit, antiseptic	Leaves, fruit
Herb		Filipendula vestita (Wall. ex G. Don) Maxim.	MFP	Forest	Natural	Plenty	Rare	Stop bleeding, toothache	Root, leaves
Herb		Geum urbanum L.	MFP	Forest	Natural	Plenty	Rare	Treat problems mouth, throat	Rhizomes
Tree		Malus domestica Borkh.	B/L	Forest	Natural	Plenty	Rare	Heart deseases, high cholestrol	Fruit leaves
Herb		Potentilla argyrophylla Wall. ex Lehm.	MFP	Forest	Natural	Plenty	Rare	Herbal remedy for inflammation & gastro intestinal disorder	Leaves, Flowers

Plenty Rare Herbal remedy for inflammation & Leaves, Flowers
al Plenty Rare Diarrhea, menstraul bleeding Leaves, Flowers
al Plenty Rare Diarrhea Leaves, Flowers
Anti diarrheal, digestive problem  Leaves, Flowers
al Plenty Rare Asthama, cough, constipation Flower
al Plenty Rare Cough, oedema, anaemia Flower
al Plenty Rare Urinary tract infections Fruit
al Plenty Rare Diaphoretic, diuretic, laxative Whole part
Al Plenty Rare Laxative, sedative & antiasthmatic Seed, Flower
al Plenty Rare Cancer Seed
al Plenty Rare Fever, hedache, laxative Fruit
al Plenty Rare Diarrhea, Rh Roots, Fruit
al Plenty Rare Respiratory problems Stem, flower
al Plenty Rare Dysentry Leaves, Flower
al Plenty Rare Antiseptic, aeromatic, anti inflammatory Stem
Al Plenty Rare Making boxes for packing purposes, furniture & cross beams Whole part
al Plenty Rare Cold, fever & joint pains Bark, Stem

Herb		Salix calyculata Hook. f. ex Andersson	MFP	Forest	Natural	Plenty	Rare	Anti cancer activity agent	Bark, Stem
Tree		Acer acuminatum Wall. ex D.Don	B/L	Forest	Natural	Plenty	Rare	Treatment of Rh, Brusis, eye disease & pain	Root, Flower
Herb		Saxifraga caveana W.W. Sm	MFP	Forest	Natural	Plenty	Rare	Anti inflamentry, diaphoretic, diuretic	Whole part
Herb		Saxifraga flagellaris Willd.	MFP	Forest	Natural	Plenty	Rare	Wounds & other minor skin injuries	Stem, flower
Herb		Veronica anagallis- aquatica	MFP	Forest	Natural	Plenty	Rare	Scurvy, impurity of the blood	Root, leaves
Herb		Veronica laxa Benth.	MFP	Forest	Natural	Plenty	Rare	Respiratory problems, wound healing	Stem, flower
Herb		Veronica persica Poir.	MFP	Forest	Natural	Plenty	Rare	Rh, hernia, wound healing	Seed, leaves
Herb		Lycopersicon esculentum Mill.	MFP	Forest	Natural	Plenty	Rare	Protect from heart attack, burns, salads	Seed, fruit
Herb		Physochlaina praealta (Decne.) Miers	MFP	Forest	Natural	Plenty	Rare	Asthma, chronic bronochits, abdominal pain	Stem, root
Herb		Solanum nigrum L.	MFP	Forest	Natural	Plenty	Rare	Dysentry, stomach complaints, fever tonic, laxative	Leaves, fruit
Herb		Solanum tuberosum L.	MFP	Forest	Natural	Plenty	Rare	Peptic ulcers, relief from pain & acidity	Whole part
Tree		Taxus wallichiana Zucc.	B/L	Forest	Natural	Plenty	Rare	Common cold, Cough, Fever & pain	Bark, Leaves
Shrub		Daphne mucronata Royle	MFP	Forest	Natural	Plenty	Rare	Skin diseases, ,cancer & Rh	Leaves, fruit
Herb		Girardinia diversifolia (Link) Friis	MFP	Forest	Natural	Plenty	Rare	Constipation , Headache, & swollen juice	Leaves, fruit
Herb		Viola biflora L.	MFP	Forest	Natural	Plenty	Rare	Anti-inflammatory, Laxative	Whole part
Herb		Viola canescens Wall.	MFP	Forest	Natural	Plenty	Rare	Cough,cold, flu,fever & Malaria	Root, leaves
Climber		Vitis vinifera L.	MFP	Forest	Natural	Plenty	Rare	Natural Anti-oxidant	Fruit, leaves
Herb	Sanjeevani	Rhodiola fastigiata	MFP	Forest	Natural	Plenty	Rare	Traditional Medicines	Whole part

Herb
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	Format 13: Ornamental Plants/ Trees/Climbers etc.														
1	2	3	4	5	6	7	8	9	10						
Plant Type	Local Name	Scientific Name	Variety	Source of plant/seeds	Commercial/ non- commercial	Uses	Associated TK	Other details	Community/ Know. holder						
NA	NA	NA	NA	NA	NA	NA	NA	NA	Locals						

	Format-14: Timber Plants/ Trees.														
1	2	3	4		5	6	7	8	9	10					
Plant Type	Local Name	Scientific Name	Habitat	Local	l status	Wild/ home	Other uses (multi)	Associated TK	Other details	Community/ Know					
Trant Type	Local Name	Scientific Ivame	Habitat	Past	Present	garden	Other uses (mutt)	Associated TX	Other details	holder					
Trees	Deodar	Cedrus deodara	Forest	Plenty	Rear	Wild	Used in neurological disorders, asthma, fever, arthritis & headache.			Elder members of the community					
Trees	Kail	Pinus walichina	Forest	Plenty	Rear	Wild	Usful in treating burning of the body, cough, fainting & ulcers.	Local zamindars							
Trees	Fir	Abies pindrow	Forest	Plenty	Rear	Wild	Used for treating fever, wheezing cough & cold.	have got emple knowledge with respect to identification of the species as well their comon							
Trees	Postul/ Brahmi	Taxus baccata	Forest	Plenty	Rear	Wild	Useful for treating common cold, cough, fever & pain.	usage							
Trees	Bojpater	Batulla	Forest	Plenty	Rear	Wild	Used for relegious purposes, traditional medicines, herbalism, alcohal extract i.e; tincture								
Trees	Akhrot	Juglans regia	Local/ Forest	Plenty	Rear	Wild/ home garden	Leaves are used in treatment of of chronic coughs, asthma & purify blood and treat diabetes								

## **Format 15: Domesticated Animals**

1	2	3	4	5	6	7	7	8	9	10	11	12
Animal Type	Local Name	Scientific Name	Breed (local/	Features	Method of	Local	status	Uses		Commercial	Other details including products	Community Know.
Annia Type	Local Name	Scientific Ivame	hybrid)	reatures	keeping	Past	Present	Uses	TK	rearing	and services	Holders
Sheep	Daeng,	Orisaries	Local	Small size rough coat	Flock rearing	Plenty	Rare	Mutton and wool	Yes	Yes	Mutton, wool, manure, bones and hides	Local/Nomads
Sheep	Daeng,	Orisaries	Rambouillet cross bread	Large size low body weight	Flock rearing	Rare	Plenty	Mutton and wool	Yes	Yes	Mutton, wool, manure, bones and hides	Local/Nomads
Goat	Bakri	Capra hircas	Local	Small size low body weight	Flock rearing	Plenty	Rare	Mutton and wool	Yes	Yes	Mutton, wool, manure, bones and hides	Local/Nomads
Goat	Bakri	Capra hircas	Kaghani, bakasooli	Large size high body weight	Flock rearing	Rare	Plenty	Mutton and wool	Yes	Yes	Mutton, wool, manure, bones and hides	Local/Nomads
Cow	Gaaa,	Bos taures	Local	Cow have hooves on there feet and can weight upto 400 pounds	Flock rearing	Rare	Plenty	Milk, Cow dung	Milk good for health	Yes	High milk production	Local/Nomads
Buffalo	Bhains	Babulas	Local	Dark slab colour less	Domesticate	Plenty	Rare	Milk, Dung	Milk good for health	Yes	High milk production	Local/Nomads
Ox	Bhadel	Bos spp.	Local	For plugging	Domesticate	Plenty	Rare	For plugging	Use for plugging	Yes	Use for plugging	Local/Nomads
Dog	Kotar	Cains familiaris	Local	Pet	Pet	Rare	Plenty	Guard, hunting dog	Nil	Nil	Nil	Local/Nomads

Cat Bala	Felis cats	cats Local	Pet	Pet	Rare	Plenty	Pest control	Nil	Nil	Nil	Local/Nomads
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	Format 16: Culture Fisheries														
1	1 2 3 4 5 6 7 8 9 10 11 12														
Fish Type		Scientific	Variety	Features	Waterscape (pond	Local status		Uses	Associated TK	Commercial	Other details	Community			
risii Type	Local Name	Name	variety	reatures	/ bheri / talao)	/ bheri / talao) Past Present		Uses	Associated 1K	rearing	Other details	Know. Holders			
NIL	NIL	NIL	NIL	NIL	NIL	NIL	NIL	NIL	NIL	NIL	NIL	NIL			

	Format-17: Markers/ Fairs for Domesticated Animals, Medicinal Plants and other products.														
1	2	3	4	5	6	7	8	9							
Name of the Weekly Market/ Fair	Location	Weekly/ Fortnightly & others Bi-annual/ Annual	Day held	Month incase of bi- annual or annual market fair	Types of animal bought and sold	Number of animals (average) transacted in a day	the enimals are	Places to where the animals are transported							
				Nil											

## WILD BIODIVERSITY.

## Format-18: Trees, Shrubs, Herbs, Tubers, Grasses, Climbers etc.

1	2	3	4	5		6	7	8	9	10	11
Plant Type	Local Name	Scientific	Habit	Habitat	Loca	l status	Commercial/ own use	Part collected	Associated Tk	Other details	Community Knowledge
Tune Type	Edeal Tallie	Name	Tiubit	11 th of the	Past	Present	Commercial own use	Turt conceed	11550ciated 11	other details	Holder
Shurb	Ban Kakkri	Podophyllum hexandrum	Grow Annually	Forest	Plenty	Endangered	Useful to the skin for removal of warts,including plantar warts & sexually tranmitted warts.	Fruit			Inhabitants of the area.
Shurb	Rhubarb (Churko)	Rheum spiciforme	Grow Annually	Forest	Plenty	Rare	Harvested from the wild for local use as a food & medicine	Flower/ stem			
Herb	Kuth	Saussurea costus	Grow Annually	Forest	Plenty	Rare	The root & oil from the root are used to make medicine.treating for asthma, cough,gas,worm(nemotode).	Root/ Rhizome			
Herb	Murg jawain,Bajarbhang	Hyoscyamus niger	Grow Annually	Forest	Plenty	Rare	Useful for ailmentsof the bones,Rh,toothache,asthma,co ugh nervous disease & stomach pain.	Seeds			
Herb	Guggal/Dhoop	Jurinea dolomiaca	Grow Annually	Forest	Plenty	Rare	useful for the treatment of fevers.The root extract is used as an incense,skin eruption,gout & Rh,	Roots			

Herb	Rohan-hak/Pran/ Gogcheegma	Allium carolinianum	Grow Annually	Forest	Plenty	Rare	Contain sulphur compounds (which give them their onion flavour)help to reduce blood cholesterol levels,acts as a tonic to the digestive system	Bulbs, Leaves, Flowers
Herb	Gaozabaan (Ratanjot)	Amebia benthami	Grow Annually	Forest	Plenty	Rare	Used for imparting pleasing red colour to fodstuff,oils & fats.  The flowering shoots are used in prepration of Shrubet(syrup) & jam useful in various disease of tongue,throat,fever & Cardiac disorders  Used for imparting pleasing red in surface and in prepration of shorters.	Roots, Rhizomes
Shurb	Dhatura	Dhatura metel	Grow Annually	Forest	Plenty	Rare	hydrophobia,epilepsy,convuls ion,syphilis,inflammation of the breasts, smallpox,mumps & leprosy,also used as a nesticide.	Seeds
	Gokhru	Tribulus terrestris	Grow Annually	Forest	Plenty	Rare	Traditionally,people have used this plant for a variety of potential effects,I ncluding to enhance libido,keep the urinary tract healthy & reduce swelling.	Leaves & Flowers
Shurb	Seski (murin)	Artemisia brevifolia	Grow Annually	Forest	Plenty	Rare	Used as a digestive & carminative & hence mixed with meat dishes,known to be an anthelmintic,aphrodisiac,antis eptic,laxative,blood purifier & antidote to scorpion stings.	Leaves
Herb	Zakhm-e-hayaat	Bergenia ciliata	Wild	Forest	Plenty	Rare	Useful for the treatment of uterine contraction,ulcers, fever & kidney stone, also treat throat infection, diabetes.	Leaves & Roots
	Surajan-e-talakh	Colchicum luteum	Wild	Forest	Plenty	Rare	Used as a carminative ,laxative & are effective in the treatment of gout,Rh,& disease of liver & spleen.	Corms

Herb	Salam-panja	Dactylorhiza hatagirea	Wild	Forest	Plenty	Rare	Widely used to cure various diseass like dysentery, diarrhoea, chronic fever, cough, stomachache, wounds, cuts, burns, fractures & general weakness	Roots, Rhizomes
Climber	Shingli-mingli	Dioscorea deltoidea	Wild	Forest	Plenty	Rare	Rhizomes used for the treatment of different diseases such as digestive disorders, sore of throat for struma, dirrhea, wounds, burns & anemia.	Roots
Shurb	Kalveuth	Prunella vulgaris	Grow Annually	Forest	Plenty	Rare	Useful to treat infections & other illnesses,inflammation,protect against cancer,prevent diabetes complications.	Leaves & Flowers
	Ravend-Chini (Pambchalan)	Rheum australe	Grow Annually	Forest	Plenty	Sporadic	Used as laxative & also used in various herbal preparations.	Roots, Rhizomes
Herb	Handh	Traraxacum officinale	Grow Annually	Forest	Plenty	Rare	Has a special effect on the organs involved in digestion, its coffee helps with liver damage & liver weakness as well as bile weakness, stimulate pancreas & kidney function	Leaves
Herb	Mushakbala	Valeriana hardwickii	Wild	Forest	Plenty	Rare	Useful in epilepsy,hysteria,hypochondri asis,nervous unrest & skin diseases.	Roots
Shurb	Kasrore	Diplazium esculentum	Grow Annually	Forest	Plenty	Rare	Used as vegetable,dried rhizomes are used as an insecticide,decoction of this plant is used in the treatment of cough & sometimes as a tonic.	Leaves

	Shivlingi	Diplocyclos palmatus	Grow Annually	Forest	Plenty	Rare	Useful for treatment of Aphrodisiac & tonic, constipation,stomach problem,diarrhoea,malaria fever etc.	Ariel plants parts
Herb	Patrees	Aconitum heterophyllum	Grow Annually	Forest	Plenty	Threatened	bronchitis,persistent cough,upper respiratory tract infections, common cold,flu & malaria,treat fever,cough,vomiting &	Roots
	Pushkarmula	Inula racemosa	Grow Annually	Forest	Plenty	Rare	Treat chronic bronchitis & Rh,dried hizomes & roots are used to cure loss of appetite & stomach troubles.	Roots, Rhizomes
	Tilpushpi (Foxglove)	Digitalis purpurea	Grow Annually	Forest	Plenty	Rare	Useful to treat congestive heart failure & heart rhythm problems	Roots
Shrub	Gur-Krandel	Ferula jaeschkeana	Wild	Forest	Plenty	Rare	Treatment of asthma, who oping cough, flatulent colic, pneumonia, bronchitis	Leaves, Flowers
Herb	Resha-Khatmi	Lavatera cashmeriana	Grow Annually	Forest	Plenty	Rare	A known medicinal herb used in many unani medicinal preprations, cure throat problem, mild laxative,	Leaves, Roots & Flowers
Herb	Kour, Kutki, Kadu, Kadvi	Picrorhiza kurroa	Wild	Forest	Plenty	Rare	Used for the treatment of jaundice, sudden liver infections caused by a virus, fever, allergy & asthma.	Roots

	Chuka Ladur	Polygonum alpinum	Grow Annually	Forest	Plenty	Rare	Used for edible,an acid flavour,the juice from the plant has been sweetened & used asa refreshing drink.	Leaf stems
	Pitsuaak (Birjung, Pitsouli, Phagermula)	Arctium lappa	Wild	Forest	Plenty	Rare	Used therapeutically as a depurative, diuretic & digestive stimulant & for dermatologic conditions.	Roots
Herb	Marchi	Thymus linearis	Wild	Forest	Plenty	Rare	Useful for the treatment of abdominal pain & vomiting	Flowers
Shurb	Kala Zeera	Bunium persicum	Grow Annually	Forest	Plenty	Rare	Useful in treatment of gastro intenstinal illnesses,including diarrhea & inflammatory bowel disease.	Seeds
Herb	Rumkath, Budarkath (Gidar Tambakoo)	Verbascum thapsus	Wild	Forest	Plenty	Rare	Useful to treat pulmonary problems ,inflammatory diseases,asthma,diarrhoea & migraine headaches.	Leaves
	Kuhushbondhri (Gas plant)	Dictamnus albus	Grow Annually	Forest	Plenty	Rare	The plant is used both internally & externally in the treatment of skin diseases (especially scabies & eczema), arthritic pain & jaundice.	Leaves, Bark & Root
Tree	Khareu	Ilex dipyrena	Grow Annually	Forest	Plenty	Rare	Moderate sized evergreen tree with light gray smooth bark. Close grained with a preety silver grain, the wood is used for fuel.	Flower, Leaf & Fruit

Herb	Kasnil Hand	Cichorium intybus	Grow Annually	Forest	Plenty	Rare	Useful in treatment of liver disorders,diabetes,jaundice,go ut,Rh	Flowers
Shrub		Cassiope fastigiata	Wild	Forest	Plenty	Rare		Stem/ Branches
Herb	Pambechalan/chukri	Rheum emodi	Grow Annually	Forest	Plenty	Rare	Used in various traditional systems as laxative,tonic,fever,cough,ind igestion & menstrual disorders.	Roots
Tree		Crataegus songarica	Cultivated	Forest	Plenty	Rare	Treatment against certain fungal & bacterial diseases.	Roots
Tree	Zum	Prunus cormuta	Grow Annually	Forest	Plenty	Rare	Helpful in the treatment of cancer.	Timber
Herb	Neelkanth	Ajuga bracteosa	Grow Annually	Forest	Plenty	Rare	Useful in the treatment of agues, the juice of the root is used in the treatment of diarrhoea & dysentery, leaves are used in treatment of fevers as a substitute for quinine	Roots
Herb		Rumex nepalensis	Grow Annually	Forest	Plenty	Rare	A paste of the root is applied to swollen gums. The leaves are used in the treatment of colic. The juice of the leaves is applied externally to relieve headaches	Whole Plant

Herb	Bergeur,Gandana	Achillea millifolium	Wild	Forest	Plenty	Rare	used in folk medicines to treat inflammation,pain & gastrointestinal disorders.	Aerial plant parts
Herb		Rumex acetosa	Grow Annually	Forest	Plenty	Rare	Useful to cure itchy skin & ringworm,laxative.	Leaves
Herb		Sinopodophyllu m hexandrum	Grow Annually	Forest	Plenty	Rare	Used for the ayurvedic treatment of warts,skin diseases.	Roots,Rhizomes, Resin
		Aconitum	Grow Annually	Forest	Plenty	Rare	In homeopathy,used to treat fear,anxiety & restlessness,acute sudden fever.	Flowers,Roots
Herb	Choru/Chohori	Angelica glauca Edgw	Wild	Forest	Plenty	Rare	Used in Dyspepsia,constipations,ulcer of plate,Dysentry, Roots are used as a drug wound and gastric pains	Roots
Herb	Cow Parsnip	Heracleum candicans Wallich ex Benth	Wild	Forest	Plenty	Rare	The roots are a very good source of xanthotoxin ,which is used in the prepration of suntan lotions & to some extent for the treatment of leucoderma.	Roots
Climber	Agranth	Hedera nepaiensis K. Koch	Wild	Forest	Plenty	Rare	Used for cure of benign wart, anti-inflamatory & anti- arthritic properties.	Leaves

Shrub	Bakru	Lonicera quinqueloculari s Hardew	Wild	Forest	Plenty	Rare	Used for turnery & carving, also used for walking sticks.	Stem.,Braches
Shrub	Chalander	Viburnum grandiflorum Wallich ex DC	Grow Annually	Forest	Plenty	Rare	Used as laxative & blood purifier, also used to reduce muscular cramps.	Fruit
Herb		Galium aparine L	Wild	Forest	Plenty	Rare	used as diuretic, used to treat swollen lymph glands, tonsillitis and throat infections.	Leaves,Stem
Herb	Mushkbala	Valeriana jatamansi Jones	Grow Annually	Forest	Plenty	Rare	useful for epilepsy,hysteria,skin diseases & nervous unrest.	Dried roots & Rhizomes
Tree	Fir	Abies pindrow Spach	Wild	Forest	Plenty	Rare	used for treating fever,wheezing cough & cold.	Seeds,Timber
Tree	Deodar	Cedrus deodara (Roxb) G. Don	Wild	Forest	Plenty	Rare	used in neurological disorders,asthma,fever,arthriti s & headache.	Seeds ,Timber oil
Tree	Spruce	Picea smithiana (Wall.) Boiss	Wild	Forest	Plenty	Rare	used in pulp industry to make paper, also used for construction shingles, crates & household purposes.	Seeds, Timber

Tree	Chilgoza	Pinus gerardiana Wall	Wild	Forest	Plenty	Rare	used in anti-bacterial,anti- viral,anti-fungal,anti-septic,& anti-hypertensive.	Seeds
Tree	Kail	Pinus wallichiana Jackson	Wild	Forest	Plenty	Rare	usful in treating burning of the body,cough,fainting & ulcers.	Timber
Herb		Asplenium dathousiae Hook	Grow Annually	Forest	Plenty	Rare	Effective in typhiod,expectorant,anthelme ntic & laxative.	Leaves
Herb	Gentheer	Adiantum capillus-veneris L	Grow Annually	Forest	Plenty	Rare	used for antibacterial,anti- implantation,antihyperglycem ic.	Leaves
Herb	Sapp Guggal	Arisaema flavum (Forsskal) Schott	Wild	Forest	Plenty	Rare	used in the treatment of chronic tracheitis, bronchiectasis, tetanus and epilepsy	Leaves, Tubers
Herb		Colocassia esculenta (L.) Schott	Grow Annually	Forest	Plenty	Rare	used for the treatentof asthma,arthritis, diarrhea, neurological disorders.	Leaves
Herb	Deela	Cyperus rotundus L	Grow Annually	Forest	Plenty	Rare	Malaria,diarrhea,dibaties	Rhizomes,Roots

Herb	Drub	Cynodon dactylon (L) Pers	Wild	Forest	Plenty	Rare	used as a laxatie,coolant,expectorant, & as a brain & hert tonic used for all types of bleedings & skin troubles.	Whole plant
Herb	Palain	Dichanthium annulatum Stapf	Grow Annually	Forest	Plenty	Rare	commonly used as a fodder grass.	Whole plant
Herb	Kai	Saccharum spontaneum L	Grow Annually	Forest	Plenty	Endangered	useful in treatment of dyspepsia,burning sensation, piles,sexual weakness,gynecological troubles,respiratory troules.	Flowers,Grass
Shrub	Vethur	Juniperus communis Linn	Wild	Forest	Plenty	Rare	used as anti-diarrhoeal,anti- inflammatory,astringent & antiseptic & also used for the treatment of various abdominal disorders.	Stem
Tree	Postul/Brahmi	Taxus baccata L	Grow Annually	Forest	Plenty	Rare	useful for treating common cold,cough,fever & pain.	Leaves,Bark
Herb		Geranium robertianium L	Grow Annually	Forest	Plenty	Rare	useful for the treatment of diabetes, bleedings, stomach aliments, kidney infections, jaundice etc.	Leaves
Herb	Gul-e-sanobar	Geranium wallichianum D. Don. Ex Sweet	Grow Annually	Forest	Plenty	Rare	used as a cure fortoothache and has been applied externally to the eyes.	Roots,Bark

Herb	Chuku	Oxalis corniculata L	Wild	Forest	Plenty	Rare	used in the treatment of influenza, fever, urinary tract infections & poisonous snake bites.	Whole plant
Herb	Hillu	Impatiens glandulifera Royle	Grow Annually	Forest	Plenty	Rare	It is one of the Bach flower remedies, flower extracts used as herbal remedies for physical & emotional problems.	Flower
Shrub	Sanglidhoop	Skimmia anquetilia N.P Taylor & Airy Shaw	Wild	Forest	Plenty	Rare	used for treatment of swellings,rheumatism & therapy. Powder of its bark is used for the healing of burns & wounds.	Leaves
Shrub	Beri	Zizyphus oxyphylla Edgw	Grow Annually	Forest	Plenty	Rare	used to treat diabetes,fever,dysentery,as well as blood & skin diseases	Fruit
Tree	Horse chest nut	Aesulus hippocastanum L	Grow Annually	Forest	Plenty	Rare	used for treatment of dysentry,bronchitis,hemorrhoi ds.	Leaves
Tree	Kanjal	Acer caesium Wallich ex Brandis	Wild	Forest	Plenty	Rare	used for treatment of muscular swelling,boils & pimples	Leaves
Tree	Mapple	Acer cappadocicum Gled	Grow Annually	Forest	Plenty	Rare	It is an ornamental tree	Sap,Seeds

Shrub		Staphyiea emodi Wallich ex Brandis	Grow Annually	Forest	Plenty	Rare	Used for making walking sticks	Wood
Herb	Ban Tambaku	Verbascum thapsus L	Grow Annually	Forest	Plenty	Rare	Inflammatory diseases,asthma,cough,diarrh oea	Leaves
Herb	Neelkanth	Ajuga bracteosa Wall ex Benth	Grow Annually	Forest	Plenty	Rare	Treats agues, diarrhoea& dysentery	Leaf
Herb		Marrubium vulgare L	Grow Annually	Forest	Plenty	Rare	Digestion problem, breathin problem	Whole plant
Herb	Jungli Pudina	Mentha arvensis L	Wild	Forest	Plenty	Rare	As a food, stomach problem & allergy	Leaves
Herb	Vena	Mentha longifolia (L) Hudson	Wild	Forest	Plenty	Rare	Respraitory ailments, treat wounds	Leaves
Herb	Kal viuth	Prunella vulgaris L	Wild	Forest	Plenty	Rare	Protect against cancer, herpes	Leaves

Shrub	Sheshak	Rabdosia rugosa (Wall ex Benth) Hara	Grow Annually	Forest	Plenty	Rare	Remedy of helminthiosis, in live stocks	Leaves
Herb	Kashmir sage	Salvia hians Royle ex Benth	Wild	Forest	Plenty	Rare	Heal eye infections	Aerial Parts
Herb	Gaddo	Salvia moorcroftiana Wall	Wild	Forest	Plenty	Rare	Gas, gastritis, heart burn	Roots
Shrub	Kanhaji	Sorbaria tomentosa Rehder	Grow Annually	Forest	Plenty	Rare	Ornamental, stimulate, respiration	Whole Plant
Shrub	Dhak	Spiraea canescens D. Don	Wild	Forest	Plenty	Rare	Fodderfor goats, making baskets	Whole Plant
Herb	DhadKopdi	Bergenia stracheyi (H.F.T) Engl	Wild	Forest	Plenty	Rare	kidney & gall bladder stone	Roots
Herb	Agg jari	Saxifraga jacquemontiana Decne	Grow Annually	Forest	Plenty	Rare	Medicinal pupose & human sustenance.	Roots,Flowers

Herb	Dand jari	Rhodiola himalensis (D.Don) S.H. Fu	Wild	Forest	Plenty	Rare	Help the body to resist physical, chemical & environmental stress	Bark
Herb	Kuuppad jari	Sedum ewersii Ledeb	Wild	Forest	Plenty	Rare	Herbal remedy for diptheria, ring worm, treats pimples, acne etc.	Whole plant
Shrub	Hatab	Parrotiopsis jacquemontiana (Decne) Rehder	Wild	Forest	Plenty	Rare	used for handles walking sticks	Wood
Shrub	Anar	Punica granatum L	Wild	Forest	Plenty	Rare	Treatment of cancer,osteo- arthritic	Whole plant
Herb	Wallichos willow	Epilobium latifolium L	Grow Annually	Forest	Plenty	Rare	Analgesic,anti-dote	Whole plant
Tree	Ringkul	Crataegus songarica G. Koch	Grow Annually	Forest	Plenty	Rare	Pulmonary disesses	Whole plant
Herb	Wild Straberry	Fragania nubicola Lindl ex Lacalta	Grow Annually	Forest	Plenty	Rare	As food, treats profuse mensuration	Fruit

Tree	Haadi	Prunus armeniaca L	Wild	Forest	Plenty	Rare	Antisposmodic, chronic bronchitis	Whole plant
Shrub		Rubus hoffmeisterianu s Kunth & Bouche	Grow Annually	Forest	Plenty	Rare	Anti-microbial, anti-cancer	Root,Tubers
Herb	Patrishi	Aconitum heterophyllum Wallich ex Royle	Wild	Forest	Plenty	Rare	Treats reproductive disorders	Not Available
Herb	Tatnu	Caltha palustris L	Wild	Forest	Plenty	Rare	Treatment of fits & anemia	Leaves,Stem
Herb	Jala-Kafal	Atropa acuminata Royle	Wild	Forest	Plenty	Rare	used to make plasters ,in asthma	Whole plant
Herb		Datura stramonium L	Wild	Forest	Plenty	Rare	stomach pain toothache	Seed
Herb		Hyoscyamus niger L	Grow Annually	Forest	Plenty	Rare	ailment of bones, nervous diseases	Leaves,seeds

Herb	Solanum nigrum L	Wild	Forest	Plenty	Rare	dysentery, fever& stomiach complains	Roots
Herb	Solanum surattense Burm. F	Grow Annually	Forest	Plenty	Rare	bronchitis, cough & constipation	Whole plant
Herb	Digitalis lanata Ehrh	Wild	Forest	Plenty	Rare	heart condations, reduce swelling	Leaves
Herb	Digitalis purpurea L	Grow Annually	Forest	Plenty	Rare	treat heart failure, swelling	Leaves
Herb	Pedicularis pectinata Wall	Grow Annually	Forest	Plenty	Rare	muscle tension, neck & back pain	Flower,Leaves
Herb	Pediculans punctata Decne	Grow Annually	Forest	Plenty	Rare	used in treatment of leucorrhoea,fevers,sterility,rh eumatism.	Root
Herb	Picrorhiza kurrooa Benth	Grow Annually	Forest	Plenty	Rare	sudden liver infections, fever allergy	Root,Rhizome

Herb		Achyranthes aspera Linn	Grow Annually	Forest	Plenty	Rare	indigestion, snakebite	Whole Plant
Herb		Plantago lanceolata L	Grow Annually	Forest	Plenty	Rare	eye irritation, inflamation of mouth	Leaves
Herb		Plantago major L	Grow Annually	Forest	Plenty	Rare	wound healing, anti inflamation	Aerial Parts
Herb		Plantago himalaica Pilg	Grow Annually	Forest	Plenty	Rare	applied on wounds, anti microbial	Leaves
Herb	Brand	Phytolacca acinosa Roxb	Wild	Forest	Plenty	Rare	urinary disorders, abdominal tensions	Leaves,Roots
Herb		Bistorta amplexicaulis (D. Don) Greene	Grow Annually	Forest	Plenty	Rare	leveas as vegetables, tea, fever, joints	Dried Rhizomes
Herb		Oxyria digyna Hill	Wild	Forest	Plenty	Rare	used to treat scurvy, dysentery	Leaves,Roots,Ste m

Herb	Aconogonum alpinum (All) Schur	Grow Annually	Forest	Plenty	Rare	as vegetable	Leaves
Herb	Rheum australe D. Don	Grow Annually	Forest	Plenty	Rare	Gastritis,blood purification	Rhizomes,Roots
Herb	Rheum moorcroftianum Royle	Grow Annually	Forest	Plenty	Rare	improve memory,renal function disorder	Rhizomes,Roots
Herb	Rumex acetosa L	Grow Annually	Forest	Plenty	Rare	Treatment of itchy skin,scurvy	Leaves
Herb	Rurnex hastatus D. Don	Grow Annually	Forest	Plenty	Rare	Treatment of bloody dysentery,aches in throat	Root,Leaves,Seed
Herb	Rurnex nepalensis Spreng	Grow Annually	Forest	Plenty	Rare	swollen gums,headache.body pain	Root,seed,Leaf
Tree	Daphne oleoides Schreib	Grow Annually	Forest	Plenty	Rare	cutaneous affections,gonorrhoea	Bark,Leaves

Herb	Mulain	Inula royleana DC	Wild	Forest	Plenty	Rare	reduce blood pressure,perestatic movement in intenstines	Aerial Parts
Herb		Jurinea dolomiaea Boiss	Grow Annually	Forest	Plenty	Rare	loss of apetite, cold bronchitis	Root
Herb		Lactuca lessertiana (DC) C.B Clarke	Grow Annually	Forest	Plenty	Rare	curative properties	Not available
Herb		Leontopodium himalayanum DC	Grow Annually	Forest	Plenty	Rare	used in herbal and protect over skin	Aerial Parts
Herb		Saussurea albescence HK F & T	wild	Forest	Plenty	Rare	ornamental	Whole plant
Herb		Saussurea heteromalla (D. Don) Hand Mazz	wild	Forest	Plenty	Rare	horse bite, oil, leucoderma & wounds	Leaf, root
Herb		Saussurea lappa Clarke	Grow Annually	Forest	Plenty	Rare	anti ulcer, anti cancer	Root

Herb		Senecio amplexicaulis Wall	Grow Annually	Forest	Plenty	Rare	antifungal and phytotoxic	Whole Plant
Herb	Jarjam	Senecio chrysanthemoid es DC	Grow Annually	Forest	Plenty	Rare	used in eye infections	Whole Plant
Herb		Senecio gradliflorus DC	Grow Annually	Forest	Plenty	Rare	used in treatment of irregular menses, ease child birth	Root
Herb		Senecio nudicaulis Ham	Grow Annually	Forest	Plenty	Rare	used in treatment of fever and skin diseases	Leaves
Herb		Solidago virga aurea L	wild	Forest	Plenty	Rare	used in treatment of best pain, insomnia	Flowers,Leaves
Herb		Sonchus arvensis Linn	Grow Annually	Forest	Plenty	Rare	used in treatment of asthma,chest diseases	Stems,Leaves
Herb		Sonchus asper Vill	Grow Annually	Forest	Plenty	Rare	used in treatment of skin ailments,anti-bacterial	Leaves,Stem,Tops

Herb		Sonchus oleraceus L	Grow Annually	Forest	Plenty	Rare	used for blood purifier,anti- malarial	Stem & Leaves
Herb		Tanacetum gracile Hook. F. & T	Grow Annually	Forest	Plenty	Rare	used in treatment of intestinal worms,prevent miscarriage	Dried Aerial Parts
Herb	Handh	Taraxacum officinate Weber	wild	Forest	Plenty	Rare	increase urine production,,decrease pain	Fruits,Leaves
Shrub		Lyonia ovalifolia (Wallich) Drude	Grow Annually	Forest	Plenty	Rare	treat skin disease,external parasite	Leaves& Buds
Shrub		Rhododendron campanulatum D. Don	Wild	Forest	Plenty	Rare	treat chronic rheumatism,headache	Leaves
Shrub		Elaeagnus parvifolla Wallich ex Royle	Wild	Forest	Plenty	Rare	anti-inflamatory anti-oxidant	Flowers,Seed
Climber		Viscum album L	Wild	Forest	Plenty	Rare	treatment of cardiac weakness,arrhythmia	Leaves,Stem,Pea sized Berries

Herb	Euphorbia cognata (Klotzsch & Garcke) Boiss	Grow Annually	Forest	Plenty	Rare	Breathing disorder,asthma	Seed Stem
Herb	Euphorbia rothiana Spreng	Grow Annually	Forest	Plenty	Rare	Rheumatism,warts,cough,asth ma	Stem Bark
Herb	Euphorbia helioscopia L	Wild	Forest	Plenty	Rare	used in pharmaceutical industry.	Leaves, Stem,Root
Herb	Euphorbia wallichii Hook F	Grow Annually	Forest	Plenty	Rare	used against constipation	Leaf,root
Shrub	Sarcococca saligna (D.Don) Meull Arg	Grow Annually	Forest	Plenty	Rare	laxative ,blood purifier & muscular analgesic	Leaf,Bark,Root
Herb	Girardinia heterophylla Decne	Grow Annually	Forest	Plenty	Rare	used as soap/shampoo for washing,cattle fodder	Whole Plant
Herb	Urtica dioica Linn	Wild	Forest	Plenty	Rare	urinary tract infections	Root

Tree	Brimij	Celtis australis Willd	Wild	Forest	Plenty	Rare	treatment of amenorrhoea,heavy menstrual bleeding & colic	Leaves,Root
Tree		Ulmus wallchiana Planch	Wild	Forest	Plenty	Rare	used to heal body mind & skin	Leaves
Herb		Cannabis sativa L	Wild	Forest	Plenty	Rare	used for recrational or medicinal purposes	Whole Plant
Herb		Viola betoniofolia Smith	Wild	Forest	Plenty	Rare	used as sedative	Whole Plant
Herb		Violacanescens Wallich	Grow Annually	Forest	Plenty	Rare	used for cough .cold,flu,fever & malaria	Leaf,Flower
Herb		Viola indica W Becker	Grow Annually	Forest	Plenty	Rare	Respraitory tract congestion asthma ,sore throat	Flowers
Herb		Viola kunawarensis Royle	Grow Annually	Forest	Plenty	Rare	chronic bronchitic,asthma	Flowers

Herb	Dianthus jacquemontii Edgew	Grow Annually	Forest	Plenty	Rare	used to stimulates urinary system,digestive system & bowels	Flowers
Herb	Gypsophilla cerastioides D Don	Grow Annually	Forest	Plenty	Rare	used for production of photographic films	Not Available
Herb	Lychinus indica Benth	Grow Annually	Forest	Plenty	Rare	Source of soaps ,ornamentals purposes	Roots,Flowers
Herb	Silene edgeworthii Bocquet	Grow Annually	Forest	Plenty	Rare	Anti-cancer,anti-fungal & anti-viral	Leaves
Herb	Stellaria media L	Grow Annually	Forest	Plenty	Rare	cough ,cold constipation,burns	Whole plant
Herb	Hypericum elodeoides Choisy	Grow Annually	Forest	Plenty	Rare	treatment in mild to moderate depression	Aerial Parts
Shrub	Hypericum oblongifolium Choisy	Wild	Forest	Plenty	Rare	Hepatitis,gastric ulcers	Aerial Parts

Herb		Hypericum perforatum L	Wild	Forest	Plenty	Rare	Moderate depression ,anxiety & sleep disorders	Aerial Parts
Herb	Suchal	Malva neglecta Wallr	Wild	Forest	Plenty	Rare	Astringent,demulcent,diuretic	Leaves,Floers,Ro ot
Herb		Geranium polyanthes Edgew & H.F	Wild	Forest	Plenty	Rare	Tumor,cosmetic,laxative & hair colour	Flower
Herb	Gugchuk,Ringrash	Geranium pretense L	Grow Annually	Forest	Plenty	Rare	cholera,diarrhoea	Root
Shrub	Tung	Cotinus coggygnia Scop	Grow Annually	Forest	Plenty	Rare	Coagulant,fever reducer	Leaves,Bark
Shrub		Rhus succedanea L	Wild	Forest	Plenty	Rare	Treatment of phthisis	Fruits
Herb		Astragalus grahamianus Royle ex Benth	Wild	Forest	Plenty	Rare	Urinary disease,respiratory,skin problems	Roots

Shrub		Astragalus himalayana Klotsch	Grow Annually	Forest	Plenty	Rare	Kidney disease,diabetes	Gum
Shrub	Shemar	Desmodium elegans DC	Wild	Forest	Plenty	Rare	used for chronic hepitites, treatment of bilious ccomplaints	Whole Plant
Shrub		Indigofera heterantha Wallich ex Brandis	Grow Annually	Forest	Plenty	Rare	branches are used as basket making it is also used as fuel	Floers ,Branches
Shrub		Indigofera tinctoria L	Grow Annually	Forest	Plenty	Rare	used to treat nervous disorders,asthama, liver disease	Flowering & Fruiting Branches
Herb		Lathyrus aphaca Linn	Grow Annually	Forest	Plenty	Rare	used in the treatment of toothache	Seed
Herb		Oxytropis lapponica Wahlenb Gay	wild	Forest	Plenty	Rare	foiliage & roots are used for detoxification, pain relief	Roots
Herb		Medicago lupulina Linn	wild	Forest	Plenty	Rare	flowers are used for making honey	Flowers

Herb	Medicago polymorpha Linn	Grow Annually	Forest	Plenty	Rare	leaves & young shoots are used for as food, used as green manure	Leaves,Shoot
Herb	Robinia prsudoacacia L	Grow Annually	Forest	Plenty	Rare	dried leaves are used in treatment of wounds also used in treatment of fever.	Dried Leaves
Herb	Trifalium fragiferum L	Grow Annually	Forest	Plenty	Rare	used as green manure & flowers are used to make jelly	Flowers,Leaves
Herb	Trifllum repens L	Grow Annually	Forest	Plenty	Rare	a lincture of the leves are applied as an ointmentto Govt.	Flowers,Leaves
Herb	Trigonella emodi Benth	wild	Forest	Plenty	Rare	Reduce fever	Stem ,Leaves
Herb	Vicia sative Linn	Grow Annually	Forest	Plenty	Rare	seeds are used to form bread, cakas, biscuits	Seed
Herb	Vicia sepium Linn	Grow Annually	Forest	Plenty	Rare	used as nitrogen fixation used for hay or silage particulary arable silage.	Rhizomes,Leaves

Tree		Fiaus palmata Forsk	Grow Annually	Forest	Plenty	Rare	used for treatment of longs & bladder diseases	Fruit
Tree		Monus serrate Roxb	Grow Annually	Forest	Plenty	Rare	juice of the root is used as an anthelmintic.wood is used for making furniture	Root ,Wood
Tree		Platanus orientalis L	Grow Annually	Forest	Plenty	Rare	Making fabric dye,	Dried leaves
Tree	Akhroot	Juglans regia Linn	wild	Forest	Plenty	Rare	leaves are used in treatment of of chronic coughs,asthma & purify blood and treat diabetes	Leaves,Fruit,
Tree		Alnus nepalensis D. Don	Wild	Forest	Plenty	Rare	Used for making charcoal, reducing swelling of leg, juice is applied on burns	Wood,Leaves,Ro ots
Tree	Champ	Alnus nitida (Spach) Endl.	Grow Annually	Forest	Plenty	Rare	Bark is used to treat swelling & body pain	Bark
Tree	Bhoj patra	Betula utilis D Don	Wild	Forest	Plenty	Rare	Bark is used for writing lengthy scriptures & texts,also used for packaging	Bark

Tree		Corylus jacquemontii Decne	Wild	Forest	Plenty	Rare	seeds are used as oil	Seeds
Tree		Quercus baloot Griffith	Grow Annually	Forest	Plenty	Rare	seeds are used in manufacturing of insecticides	seeds
Tree		Populus alba L	Grow Annually	Forest	Plenty	Rare	used in the treatment of arthritis,gout,lower back problem and reduce fever	Stem,Bark
Tree		Populus oliata Wallich ex Royle	Grow Annually	Forest	Plenty	Rare	used as fuel wood, also useed as timber & making furniture	Whole Plant
Shrub	Willow	Salix alba Boiss	Wild	Forest	Plenty	Rare	stems are used in basket making.	Stem
Shrub	Kareel- kaimbal	Berberis aristata DC	Wild	Forest	Plenty	Rare	used in treament of juindice,urinary disorders	Root,Stem,Leaves
Shrub		Berberis jaeschkeana C.K Schneider	Wild	Forest	Plenty	Rare	used in treatment of tumor	Rhizomes,Fruit

Shrub	Kaimal/Daruhaldi	Berberis lycium Royle Trans Linn	Wild	Forest	Plenty	Rare	used an immunity booster	Roots ,Stem,Bark
Herb		Podophyllum hexandrum Royle	Wild	Forest	Plenty	Rare	usedto treat gynecology infections	Rhizomes
Herb		Meconopsis aculeata Royle	Wild	Forest	Plenty	Rare	used to help heal broken bones,treaty inflammation from fractures	Whole Plant
Herb		Meconopsis latifolia Prain	Grow Annually	Forest	Plenty	Rare	used against ulces,disorders of lungs.	Flowers
Herb		Papaver somniferum L	Grow Annually	Forest	Plenty	Rare	used for commercial purposes	Whole Plant
Herb		Corydalis cachemiriana Royle	Grow Annually	Forest	Plenty	Rare	used for mild depression	Flowerrs,Stems,L eaves
Herb	Bhutyata	Corydalis govaniana Wallich	Wild	Forest	Plenty	Rare	its drug is usd in the form of decoction	Whole Plant

Herb	Corydalis rutifolia (Sibth) DC	Grow Annually	Forest	Plenty	Rare	various medicinal value	Roots
Herb	Corydalis thyrsiflora Prain	Wild	Forest	Plenty	Common Vulnerable	used to treat stomach problem	Leaves,Flowers
Herb	Fumaria indica Pugsley	Wild	Forest	Plenty	Rare	used as a common weed,isolation & polyherbal	Whole Plant
Herb	Capsella bursa pastoris (L) Moench	Wild	Forest	Plenty	Rare	used as a folk remedy for cancer,nose bleeding	Seeds,Leaves
Herb	Erysimum melicetae Dunn	Wild	Forest	Plenty	Rare	used in medicine,food item	Seeds
Herb	Nasturtium officinale Br.	Wild	Forest	Plenty	Rare	leaves are used as a pungent garnish,eatenraw in salads	Leaves,Fliowrrs,B uds
Herb	Brassica rapa L	Wild	Forest	Plenty	Rare	provides oils & vegetables,fodder	Whole Plant

Herb		Iris hookeriana M. Foster	Grow Annually	Forest	Plenty	Rare	used in aromatherapy,rhizomes given to babies to help in teething	Rhizomes
Herb		Iris kashmiriana Baker	Grow Annually	Forest	Plenty	Rare	used in treatment of joint pains	Rhizomes
Herb		Iris kemaonensis D. Don ex Royle	Wild	Forest	Plenty	Rare	flowers are used in herbal medicines	Flowers
Herb		Narcissus tazetta L	Grow Annually	Forest	Plenty	Rare	used in treatment of boils & mastits	Root
Herb		Dioscorea deltoidea Wal ex Kunth	Grow Annually	Forest	Plenty	Rare	used in treatment of digestive disorders ,wound & burns	Rhizomes
Herb		Allium royiei Stern	Wild	Forest	Plenty	Rare	used in breeding programmes	Leaves
Herb	Chingposh	Colchicum luteum Baker	Grow Annually	Forest	Plenty	Rare	used as carminative & aphrodisiac,treatment of gout	Corm,Seeds

Herb	Fritillaria roylei Hook	Grow Annually	Forest	Plenty	Rare	used for healing wounds	Roots
Herb	Gagea elegans Wall	Grow Annually	Forest	Plenty	Rare	Used in the form of infusions or decoctions.	Leaves
Herb	Notholirion thomsonianum (Royle) Stapf	Wild	Forest	Plenty	Rare	Treatment of Various infectious Diseases espically intestinal.	Flower,Leaves
Herb	Polygonatum multiflorum (Linn.) All	Grow Annually	Forest	Plenty	Rare	used in wound healing being anti-bectarial	Roots
Herb	Polygonatum verticillatum All	Grow Annually	Forest	Plenty	Rare	used to cure cardiptonic,aphrodisiac	Tender leaves,Young shoots
Herb	Trillium govanianum Wall	Wild	Forest	Plenty	Rare	used in dysentery, wound healing,menstral &sexual disorders.	Rhiozomes,Roots
Herb	Tulipa stellata Hook f	Grow Annually	Forest	Plenty	Rare	Used for sinus Pain ,Hay Fever& Headache.	Whole Plant

Herb		Arisaema jacquemontii Blume	Wild	Forest	Plenty	Rare	used for the treatment of dermatological disorders,used for phenols	Root
Herbs		Valeriana pyrolaefolia decne	Wild	Forest	Plenty	Rare	Usedb orally for anxiety& Psychological stress.	Root
Herbs		Dipsacus inermis Wall	Wild	Forest	Plenty	Rare	used in ayurvedic system of medicine	Fresh & Dried Leaves
Herbs	Kim	Morina Longifolia Wallich ex DC	Wild	Forest	Plenty	Rare	Stem, leaves & flowers used as digestive, emetic & stomachic	Whole Plant
Herbs		Achillea millefolium L	Grow Annually	Forest	Plenty	Rare	above ground parts used in cold, tonic & astringent	Aerial Parts
Herbs		Ainsliaea aptera DC.	Grow Annually	Forest	Plenty	Rare	roots used to relieve stomachache, acute fever & constipation	Roots
Herbs		Anaphalis nubigena Clarke	Grow Annually	Forest	Plenty	Rare	used as aromatic & antimicrobial	Aerial Parts

Herbs	Mooin	Artemisia Maritima L.	Wild	Forest	Plenty	Rare	antiseptic, diuretic & antipyretic	Leraves ,Flowerin
Shrub	Shutenger	Rhododendron anthopogon D. Don	Wild	Forest	Plenty	Rare	treatment of constipation, didysentry, fever	Leaves
Tree	Kahu	Olea cuspidata Wallich ex G. Don	Grow Annually	Forest	Plenty	Rare	bark used for fracture, leave use for treatment of malaria, UTI	Bark,Leaves
Herbs	Kazuban	Arnebia benthamii (Wall. Ex G.Don) Johnston	Grow Annually	Forest	Plenty	Rare	used as red clour to food, oil & fats, plantalso used as diuretic, expectorant, tonic	Flowering, Shoots & Roots
Grass	Congress grass /Jadi	Parthenium hysterophorus	Grow Annually	Forest	Plenty	Plenty	Commercial enzymes production, biopesticides, gree n manure & composte	Weed
Herb	Bhang	Cannabis sativa	Grow Annually	Forest	Plenty	Rare	Used as a source of industrial fibre, seed oil, food, recreation, religious & spritiual moods & medicine	Leaves
Tree	Trikanni	Acer pictum	Grow Annually	Forest	Plenty	Rare	Use as food ,medicine,ornamental & source of wood	Whole plant

Tree	Sheesham	Dalbergia sisoo	Grow Annually	Forest	Rare	Rare	Making furniture & paper.	Wood,Leaves,
Tree	Heru	Quercus ilex	Grow Annually	Forest	Plenty	Rare	Firewood & fodder	Wood,Leaves,
Tree	Marhu/oak	Quercus floribunda	Grow Annually	Forest	Plenty	Rare	Firewood & fodder	Wood,Leaves
Tree	Bren	Ulmus villosa	Grow Annually	Forest	Plenty	Rare	Medicinal ,aeromatic,anti- inflammatory,furniture	Bark,Leaves
Tree	Bankhoor	Aesculus indica	Wild	Forest	Plenty	Rare	Treatment of skin diseae, Rh, astringent, narcotic,relef of headache	Leaves,Flowers
Herb	Hamesh-Bahar	Calendula officinalis	Grow Annually	Forest	Plenty	Rare	Applied on Skin disease,Burns	Flower,leaf
Tree	Feku	Ficus Palmata	Wild	Forest	Plenty	Rare	Skin diseases,contipation	Fruit

Herb	Banafsha	Viola odorata	Grow Annually	Forest	Plenty	Rare	Throat problem,Cold,cough	Flower
Herb	Nirbisha	Delthinium drunonianum	Grow Annually	Forest	Plenty	Rare	Diabetes	Whole Plant
Shrub	Tutfoor,Rachi	Ephedra gegardina	Grow Annually	Forest	Plenty	Rare	Asthma,Cardic Stimulate,Allergy,Respiratory Disorder	Twigs
Herb	Kaahlu	Eremurus himailicus	Wild	Forest	Plenty	Rare	Vegetable	Leaves,Roots
Herb	Tengu,Tyangu	Hyssopus officinalis	Grow Annually	Forest	Plenty	Rare	Substitute for saffron,Liver & Blood Disorder	Flower
Fungi		Gyromitra esculenta	Grow Annually	Forest	Rare	Rare	Traditional Medicines	Whole part
Fungi	Guchhi	Morchilla esculenta	Grow Annually	Forest	Rare	Rare	Edible,laxative,Body tonic,stomach problem,economical beneficial	Whole part

Fungi		Peziza vesiculosa	Grow Annually	Forest	Rare	Rare	Traditional Medicines	Whole part
Fungi		Aricus campestris	Grow Annually	Forest	Rare	Rare	treatment of cancer, Type-2 diabetes, high- cholestrol, digestive problem	Whole part
Fungi		Schizophyllum commune	Grow Annually	Forest	Rare	Rare	Anti-cancer activity,edible	Whole part
Fungi	Datura	Geatrum triplex	Grow Annually	Forest	Rare	Rare	Analgesic,anti- inflammatory,treatment of stomach	Whole part
Herb		Bupleurum bupjucundum	Wild	Forest	Plenty	Rare	Respiratory infection, swine flu	Aerial Part
Herb		Bupleurum longifolium	Wild	Forest	Plenty	Rare	Respiratory infection, swine flu	Aerial Part
Herb		Coriandrum sativum	Cultivated	Forest	Plenty	Rare	Measals, hemorrhoits, toothache & joint pain	Leaves, Seeds

Herb	Cortia depressa	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers
Herb	Ligusticum elatum	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers
Herb	Oenanthe javanica	Wild	Forest	Plenty	Rare	Joundice, abdomnal pain	Whole part
Herb	Pleurosermum brunonis	Wild	Forest	Plenty	Rare	To cure skin infections, joundice, insect repllents	Flowers
Herb	Pleurosermum candollei	Wild	Forest	Plenty	Rare	Used in folk medicines	Flowers
Herb	Pleurosermum stellatum	Wild	Forest	Plenty	Rare	To make black or red dye, water proof black ink	Flowers
Herb	Selinum wallichinum	Wild	Forest	Plenty	Rare	Garden uses beds & borders	Aerial Part

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Herb	Aralia cachemirica	Wild	Forest	Plenty	Rare	To treat RH, Nephritis, Gastritis, inflammation	Whole part		
Herb	Arisaema propinquum	Wild	Forest	Plenty	Rare	Uses in snake bite, RH	Rhizomes		
Herb	Begonia rubella	Wild	Forest	Plenty	Rare	Cure arthrites & common join pain	Whole part		
Herb	Hackelia uncinata	Wild	Forest	Plenty	Rare	Used to cure fractured bones	Leaves, Flowers	Inhabitants have got knowledge w.r.t identification /common	Bonaf purpo
Herb	Lindelofia longiflora	Wild	Forest	Plenty	Rare	Folk medicines	Leaves, Flowers	use of species	
Herb	Myosotis alpestris	Wild	Forest	Plenty	Rare	Lotion for wounds nose bleed	Whole part		
Herb	Onosma hispidum	Wild	Forest	Plenty	Rare	Used as food & medicine, wounds	Roots		

Bonafide purpose

Herb	Pseudomertensi a moltkioides	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers
Herb	Pseudomertensi a trollii	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers
Herb	Alliaria petiolata	Cultivated	Forest	Plenty	Rare	Treatment of bronchitis,asthma,& Rh	Whole part
Herb	Arabis bijuga	Wild	Forest	Plenty	Rare	Gastro-intestinal problems,dysentry & stomach ache	Whole part
Herb	Arcyosperma primulifolium	Wild	Forest	Plenty	Rare	Traditional Medicines	Leaves, Flowers
Herb	Barbarea vulgaris	Wild	Forest	Plenty	Rare	Edible,,used as a salads	Leaves
Herb	Cardamine macrophylla	Wild	Forest	Plenty	Rare	Medicinal uses, as a vegetable	Leaves, Flowers

Herb	Crucihimalaya himalaica	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part
Herb	Crucihimalaya mollissima	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part
Herb	Erysimum hieraciifolium	Wild	Forest	Plenty	Rare	Edible	Leaves
Herb	Hesperis matronalis	Wild	Forest	Plenty	Rare	Treatment of Scurvy,oil used in perfumery	Leaves, Flowers
Herb	Lepidium virginicum	Wild	Forest	Plenty	Rare	To treat vitamin-C deficency,pains & diabetes	Whole part
Herb	Raphanus sativus	Cultivated	Forest	Plenty	Rare	To treat constipation, chronic tracheitis & hypertension	Leaves root
Herb	Sisymbrium irio	Wild	Forest	Plenty	Rare	Edible,Treat cough & chest congestion, Rh & clean wounds	Leaves, Flowers

Herb	Thlaspi arvense	Wild	Forest	Plenty	Rare	Antidote,Blood tonic	Seed, Leaf
Herb	Thlaspi cochleariforme	Wild	Forest	Plenty	Rare	Treated chronic problems related to menses	Leaves, Flowers
Shrub	Sarcococca pruniformis	Wild	Forest	Plenty	Rare	Laxative,blood purifier	Leaves, Root
Herb	Campanula aristata	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part
Herb	Campanula cana	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part
Herb	Campanula latifolia	Wild	Forest	Plenty	Rare	Local use as a food & medicine	Whole part
Herb	Campanula pallida	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part

Herb	Codonopsis clematidea	Wild	Forest	Plenty	Rare	Increase red & white blood cells counts & promote blood circulation	Leaves, Flowers
Herb	Codonopsis ovata	Wild	Forest	Plenty	Rare	Treatment of ulcers & wounds	Leaves, Flowers
Herb	Cyananthus lobatus	Wild	Forest	Plenty	Rare	Laxative, treatment of serous disorders & constipation	Leaves, Root
Shrub	Abelia triflora	Wild	Forest	Plenty	Rare	Used as a wood,walking sticks	Whole part
Shrub	Lonicera oblate	Wild	Forest	Plenty	Rare	Used for digestive disorders,including pain & swelling	Aerial Part
Shrub	Scabiosa speciosa	Wild	Forest	Plenty	Rare	To treat heel cracks,liver diseases	Leaves
Herb	Arenaria bryophylla Fernald	Wild	Forest	Plenty	Rare	useful in diarrhoea & vomiting	Aerial Part

Herb	Cerastium cerastoides (L.) Britton	Wild	Forest	Plenty	Rare	Anti bacterial activity	Flowers, stem
Herb	Cerastium fontanum Baumg	Wild	Forest	Plenty	Rare	Edible	Flowers, stem
Herb	Dianthus angulatus Baumg	Wild	Forest	Plenty	Rare	Used as a tonic for urinary system,digestive system & bowls	Leaves
Herb	Gypsophila cerastoides D.Don	Wild	Forest	Plenty	Rare	Traditional Medicines	Leaves, Flowers
Herb	Myosoton aquaticum (L.) Moench	Wild	Forest	Plenty	Rare	Treatment of fistula	Flowers, Seeds
Herb	Minuartia kashmirica (Edgew. & Hook. f.) Mattf.	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers
Herb	Silene conoidea L.	Wild	Forest	Plenty	Rare	Herbal Medicines	Flowers

Herb	Silene gonosperma (Rupr.) Bocquet	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers
Herb	Silene indica var. edgeworthii (Bocquet)Y.J.Na sir		Forest	Plenty	Rare	Traditional Medicines	Flowers
Herb	Silene indica (Roxb.) Roxb. ex Otth	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers
Herb	Stellaria decumbens Edgew.	Wild	Forest	Plenty	Rare	Leaf vegitable, Salad	Leaf, Flower
Herb	Parnassia nubicola Wall. ex Royle	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part
Herb	Euonymus hamiltonianus Wall	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part
Herb	Anaphalis nepalensis (Spreng.) HandMazz.	Wild	Forest	Plenty	Rare	Respiratory problems including asthma, cough etc.	Flowers

Herb	Anaphalis triplinervis (Sims) C. B. Clarke	Wild	Forest	Plenty	Rare	Emilepsy, laceration of toes & wounds	Flowers
Herb	Anaphalis margaritaceae L.	Wild	Forest	Plenty	Rare	Diarrhoea, dysentry, Rh, joints	Flowers
Herb	Artemisia dubia Wall.	Wild	Forest	Plenty	Rare	Cuts & wounds	Leaves
Herb	Artemisia scoparia Waldst. & Kitam.	Wild	Forest	Plenty	Rare	Anticeptic, Antipyretic	Leaves
Herb	Artemisia vestita Wall. ex Besser	Wild	Forest	Plenty	Rare	Inflammatory diseases	Leaves
Herb	Aster diplostephioides (DC.) C. B. Clarke	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers
Herb	Aster falconeri (C. B. Clarke) Hutch.	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers, Root

Herb	Aster flaccidus Bunge	Wild	Forest	Plenty	Rare	Tuberculosis & pertussis	Flowers, Root
Herb	Aster molliusculus (Lindl. ex DC.) C.B.Clarke	Wild	Forest	Plenty	Rare	Antibacterial, skin infection, ulcers & wounds	Flowers, Root
Herb	Aster thomsonii C.B.Clarke	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers, Root
Herb	Carduus edelbergii <u>Rech.f.</u>	Wild	Forest	Plenty	Rare	Traditional Medicines	Flower, Leaf
Herb	Cicerbita macrorhiza (Royle) Beauverd	Wild	Forest	Plenty	Rare	Fever	Whole part
Herb	Conyza japonica (Thunb.) Less. ex DC.	Wild	Forest	Plenty	Rare	Food flavouring	Aerial Part
Herb	Cremanthodium decaisnei C.B.Clarke	Wild	Forest	Plenty	Rare	Traditional Medicines	Leaves, Flowers

Herb		Cremanthodium ellisii (Hook.f.) Kitam.	Wild	Forest	Plenty	Rare	Traditional Medicines	Leaves, Flowers
Herb		Crepis sancta L. (Bornm)	Wild	Forest	Plenty	Rare	Edible, salad	Leaves
Herb		Erigeron bellidioides (BuchHam. ex D. Don) Benth. C. B. Clarke	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers
Herb		Erigeron multiradiatus (Lindl. ex DC.) Benth. ex C. B. Clarke	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers
Herb		Gnaphalium stewartii C.B.Clarke	Wild	Forest	Plenty	Rare	Sciatica, Rh pain	Leaves, Flowers
Herb	Sunflower	Helianthus annuus L.	Cultivated	Forest	Plenty	Rare	High fever, snake bite	Leaf, Seed
Herb	Pushkarmula	Inula grandiflora Willd.	Wild	Forest	Plenty	Rare	Chronic bronochits & Rh	Rhizomes

Herb		Jurinea ceratocarpa (Dcne.)	Wild	Forest	Plenty	Rare	Traditional Medicines	Leaves, Flowers
Herb		Jurinea macrocephala DC.	Wild	Forest	Plenty	Rare	Cancer, Arthrithes	Leaves, Flowers
Herb		Lactuca dolichophylla Kitam.	Wild	Forest	Plenty	Rare	Traditional Medicines	Leaves, Flowers
Herb		Ligularia amplexicaulis DC.	Wild	Forest	Plenty	Rare	Vomiting from indigestion	Leaves, Flowers
Herb	Gomchooi	Ligularia fischeri (Ledeb.) Turcz.	Wild	Forest	Plenty	Rare	Jaundice,Rh,Hepatic disease	Leaves, Flowers
Herb		Onopordum acanthium L.	Wild	Forest	Plenty	Rare	Anti-inflammatory,Anti- tumor,	Roots, stem
Herb		Saussurea costus (Falc.) Lipsch.	Wild	Forest	Plenty	Rare	Treating worm( <b>Nemotode</b> ),Asthma,Co ugh,cold & Gas	Roots

Herb	Saussurea gnaphalodes (Royle) Sch.Bip.	Wild	Forest	Plenty	Rare	Inflammation,heart diseases, & liver diseases	Whole part
Herb	Saussurea gossypiphora D.Don	Wild	Forest	Plenty	Rare	Inflammation,heart diseases, & liver diseases	Whole part
Herb	Saussurea glacialis Herder	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part
Herb	Saussurea hypsipeta Diels ex H.Limpr.	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part
Herb	Saussurea taraxacifolia Wall. ex DC.	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part
Herb	Scorzonera virgata DC.	Wild	Forest	Plenty	Rare	Traditional Medicines	Flower
Herb	Senecio chrysanthemoid es DC.	Wild	Forest	Plenty	Rare	Dysentry,infections,Rh,Cance r,Asthma	Whole part

Herb	Sonchus asper (L.) Hill	Wild	Forest	Plenty	Rare	Anti-bacterial & Anti-fungal	Leaves
Herb	Tanacetum dolichophyllum Kitam.	Wild	Forest	Plenty	Rare	Fever, migrana, headache, Rh	Flowers
Herb	Tanacetum tibeticum Hook.f. & Thomson	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers
Herb	Tussilago farfara L.	Wild	Forest	Plenty	Rare	Disorder of the respiratory tract, skin, cold	Leaf
Herb	Waldheimia glabra (Decne.) Regel	Wild	Forest	Plenty	Rare	Influenza virus & anti complementry extract	Leaves, Flowers
Herb	Waldheimia tomentosa (Decne.) Regel	Wild	Forest	Plenty	Rare	Stomach ache problem	Leaves, Flowers
Herb	Youngia japonica (L.) DC.	Wild	Forest	Plenty	Rare	Boils & snake bites	Leaves, Flowers

Herb	Rhodiola heterodonta (Hook. f. & Thomson) Boriss.	Wild	Forest	Plenty	Rare	Anxiety, fituge & dipression	Rhizomes
Herb	Rhodiola wallichiana (Hook.) S.H. Fu	Wild	Forest	Plenty	Rare	Anxiety, fituge & dipression	Leaves, Flowers
Herb	Rosularia alpestris (Kar. & Kir.) Boriss.	Wild	Forest	Plenty	Rare	Ornamental garden plants, Traditional Medicines	Whole part
Climber	Cucumis sativus L.	Cultivated	Forest	Plenty	Rare	Blemished skin, heart rash, burns, sores	Whole part
Climber	Cucurbita pepo L.	Cultivated	Forest	Plenty	Rare	Anti inflamentry, anti viral, anti ulcer	Whole part
Shrub	Datisca cannabina L.	Wild	Forest	Plenty	Rare	Treatment of Rh	Root
Herb	Equisetum arvense L.	Wild	Forest	Plenty	Rare	Stop bleeding, heal ulcer & wounds	Whole part

Shrub	Gaultheria trichophylla Royle	Wild	Forest	Plenty	Rare	Anti oxidant & anti inflamentry	Whole part
Herb	Euphorbia cornigera Boiss.	Wild	Forest	Plenty	Rare	Breathing disorders including asthma, bronchitis	Leaves, Flowers
Herb	Euphorbia thomsoniana Boiss.	Wild	Forest	Plenty	Rare	Breathing disorders including asthma, bronchitis	Leaves, Flowers
Tree	Quercus baloot Griff.	Wild	Forest	Plenty	Rare	Anti bacterial potential	Whole part
Tree	Quercus semecarpifolia Sm.	Wild	Forest	Plenty	Rare	Diarrhoea, dysentry	Whole part
Herb	Gentiana cachemirica Decne.	Wild	Forest	Plenty	Rare	Digession problem	Leaves, Flowers
Herb	Gentiana ornata (D.Don) Wall. ex Griseb.	Wild	Forest	Plenty	Rare	Diarrhoea, dysentry	Leaves, Flowers

Herb	Gentiana phyllocalyx C.B Clarke	Wild	Forest	Plenty	Rare	Diarrhoea, dysentry	Leaf, sepal
Herb	Gentiana tianschanica Rupr. ex Kusn.	Wild	Forest	Plenty	Rare	Digession problem	Whole part
Herb	Gentianella moorcroftiana (Wall. ex Griseb.) Airy Shaw	Wild	Forest	Plenty	Rare	Cold cough, nausa	Leaf
Herb	Jaeschkea oligosperma Knobl.	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part
Herb	Swertia ciliata (D. Don ex G. Don) B.L. Burtt	Wild	Forest	Plenty	Rare	Skin diseases, cancer	Whole part
Herb	Swertia petiolata Royle ex D.Don	Wild	Forest	Plenty	Rare	Inflammation of the liver & high blood pressure	Whole part
Herb	Swertia speciosa G.Don	Wild	Forest	Plenty	Rare	Asthma, liver disorder	Root

Herb	Erodium cicutarium L. (L.) Her	Wild	Forest	Plenty	Rare	Typhoid, fever	Whole part
Herb	Geranium lambertii Sweet	Wild	Forest	Plenty	Rare	Skin problem, reduces strss	Dried leaves
Herb	Geranium himalayense Klotzsch	Wild	Forest	Plenty	Rare	Garden uses, beds & borders	Whole part
Herb	Geranium nepalense Sweet	Wild	Forest	Plenty	Rare	Nervous diseseas, pains, Rh	Whole part
	Geranium pusillum L.		Forest	Plenty	Rare	Used as an Anodyne, Astringent	Whole part
Herb	Geranium rotundifolium L.	Wild	Forest	Plenty	Rare	Used as an Anodyne, Astringent	Whole part
Herb	Geranium wallichianum D.Don ex Sweet	Wild	Forest	Plenty	Rare	Peptic ulcers, cure toothache	Whole part

Shrub	Ribes nigrum L.	Wild	Forest	Plenty	Rare	Useful in allergy, fatigue, rhimities	Whole part
Shrub	Ribes himalense Royle ex Decne.	Wild	Forest	Plenty	Rare	Used as food & medicine	Fruit
Herb	Hypericum japonicum Thunb.	Wild	Forest	Plenty	Rare	Asthama & dycenty	Leaves, Flowers
Shrub	Philadelphus tomentosus wall ex G. Don	Wild	Forest	Plenty	Rare	Traditional Medicines	Leaves, Flowers
Herb	Ajuga integrifolia BuchHam.	Wild	Forest	Plenty	Rare	Diarrhea, Malaria	Leaf
Herb	Clinopodium vulgare L.	Wild	Forest	Plenty	Rare	Overcome weak digestion	leaves
Herb	Elsholtzia ciliata (Thunb.) Hyl.	Wild	Forest	Plenty	Rare	Common cold,fevers,headache	Whole part

Shrub	Isodon rugosus (Wall. ex Benth.) Codd	Wild	Forest	Plenty	Rare	Tooth ache,gastric pain,	Whole part
Herb	Lamium album L.	Wild	Forest	Plenty	Rare	Abnormal vaginal discharge, & to relieve painful periods	Leaves, Flowers
Herb	Leonurus cardiaca L.	Wild	Forest	Plenty	Rare	Gynacological afflictions	Seed
Herb	Mentha arvensis L.	Wild	Forest	Plenty	Rare	Diarrhea & Dysentry,stomach problem	Leaves
Herb	Nepeta connata Royle ex Benth.	Wild	Forest	Plenty	Rare	Dysentry,,Teeth troubles	Leaves
Herb	Nepeta leucophylla Benth.	Wild	Forest	Plenty	Rare	Dysentry,,Teeth troubles	Leaves
Herb	Phlomis bracteosa Royle ex Benth.	Wild	Forest	Plenty	Rare	Bone fractures, sinus congustion, indigestion	Leaves, Flowers

Herb		Salvia campanulata Wall. ex Benth.	Wild	Forest	Plenty	Rare	Gout, Rh, Diarrhea	Leaves, Flowers
Herb		Astragalus candolleanus Benth.	Wild	Forest	Plenty	Rare	Analgesic, nutritive	Leaves, Root
Herb		Astragalus chlorostachys Lindl.	Wild	Forest	Plenty	Rare	Immune tonifying, lung tonic	Dried root
Herb		Astragalus frigidus (L.) A.Gray	Wild	Forest	Plenty	Rare	Immune tonifying, lung tonic	Dried root
Herb	Soyabean	Glycine max (L.) Merr.	Cultivated	Forest	Plenty	Rare	Treatment of oedema, dysuria	Seed
Shrub		Indigofera hebepetala Baker	Wild	Forest	Plenty	Rare	Edible	Fruit, flower
Herb		Lotus corniculatus L.	Wild	Forest	Plenty	Rare	Anti-inflammatory,Skin inflammation	Flowers

Shrub	Robinia pseudoacacia L.	Wild	Forest	Plenty	Rare	Wounds, Pain reliever	Dried leaves
Herb	Trifolium pratense L.	Wild	Forest	Plenty	Rare	Antispasmodic, Anti- inflammatory	Leaves flower
Herb	Trifolium repens L.	Wild	Forest	Plenty	Rare	Gout, Cough, Eyewash	Leaves flower
	Vicia rigidula Royle		Forest	Plenty	Rare	Weight loss	Leaves flower
Herb	Fritillaria roylei Hook.	Wild	Forest	Plenty	Rare	Anti-Asthmatic, Anti- Rh	Root
Herb	Gagea lutea	Wild	Forest	Plenty	Rare	Used as food	Bulbs, leaves
Herb	Lilium polyphyllum D.Don	Wild	Forest	Plenty	Rare	Diuretic,Anti-pyruetic	Bulbs

Herb	Tulipa clusiana DC.	Wild	Forest	Plenty	Rare	Edible as oil	Whole part
Herb	Lavatera cachemiriana Cambess.	Wild	Forest	Plenty	Rare	Throat problem, mild laxative	Leaf, Flower
Tree	Ficus carica L.	Wild	Forest	Plenty	Rare	Respiratory problems,Anti- inflammatory	Fruit, leaves
Tree	Morus alba L.	Wild	Forest	Plenty	Rare	Asthma,Bronochits	Bark
Climber	Jasminum humile L.	Wild	Forest	Plenty	Rare	Heart bowels, Astringent	Roots, Flower
Climber	Jasminum officinale L.	Wild	Forest	Plenty	Rare	Hepatitis,Diarrhea, Cancer treatment	Flower
Shrub	Syringa emodi Wall. ex. Royle.	Wild	Forest	Plenty	Rare	Stomach treatment,instential problems	Seed, Fruit

Herb	Epilobium angustifolium L.	Wild	Forest	Plenty	Rare	Anti- septic, ulcers,inflammation	Whole part
Herb	Epilobium latifolium L.	Wild	Forest	Plenty	Rare	Analgesic,Antidote	Whole part
	Epilobium royleanum Hausskn.	Wild	Forest	Plenty	Rare	Treatment & prostate bladder	Whole part
Herb	Calanthe tricarinata Lindl.	Wild	Forest	Plenty	Rare	Asthma, Coughing	Leaves flower
Herb	Cypripedium cordigerum D.Don	Wild	Forest	Plenty	Rare	Fever, Backache	Fruit
Herb	Epipactis helleborine (L.) Crantz	Wild	Forest	Plenty	Rare	Ornamental use	Flower
	Epipactis royleana Lindl.	Wild	Forest	Plenty	Rare	Traditional Medicines	Flower

Herb	Herminium josephi Rchb.f.	Wild	Forest	Plenty	Rare	Traditional Medicines	Flower
Herb	Euphrasia himalayica Wettst.	Wild	Forest	Plenty	Rare	Calms stressed & tired eyes	Aeriel part
Herb	Orobanche alba Stephan	Wild	Forest	Plenty	Rare	Digestive problem	Roots
Herb	Pedicularis bicornuta Klotzsch	Wild	Forest	Plenty	Rare	Local medicine	Flowers
Herb	Pedicularis cheilanthifolia Schrenk	Wild	Forest	Plenty	Rare	Skeletal muscle relaxant	Fresh leaves
Herb	Pedicularis punctata Decne.	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part
Herb	Pedicularis pyramidata Royle ex Benth.	Wild	Forest	Plenty	Rare	Pharmacy uses	Leaves, Flowers

Herb	Corydalis cornuta Royle	Wild	Forest	Plenty	Rare	Wild sedative & tranquilizer	Tuber & roots
Herb	Corydalis meifolia Wall	Wild	Forest	Plenty	Rare	Depression, Mental Disorder	Tuber & roots
Herb	Corydalis stewartii Fedde	Wild	Forest	Plenty	Rare	Stomach problem	Tuber & roots
Herb	Papaver argemone L.	Wild	Forest	Plenty	Rare	Tumors,warts, skin diseases	Whole part
Herb	Wulfenia amherstiana Benth.	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part
Shrub	Arundo donax L.	Wild	Forest	Plenty	Rare	Basket making, Diuretic, Diaphroetic	Grass
Herb	Bothriochloa ischaemum (L.) Keng	Wild	Forest	Plenty	Rare	Agro-forestery use	Grass

Herb	Bromus catharticus Vahl	Wild	Forest	Plenty	Rare	Agro-forestery use	Grass
Herb	Carex nivalis Boott	Wild	Forest	Plenty	Rare	Economical use	Grass
Herb	Cymbopogon jwarancusa	Wild	Forest	Plenty	Rare	Blood diseases,skin,Burning, vomiting	Whole part
Herb	Dichanthium annulatum (Forssk.) Stapf	Wild	Forest	Plenty	Rare	Hypertension,Anti-ulcer	Whole part
Herb	Eleusine coracana (L.) Gaertn.	Cultivated	Forest	Plenty	Rare	Liver disorder, smallpox	Whole part
Herb	Festuca rubra L.	Wild	Forest	Plenty	Rare	Ornamental grass, Used as food	Grass
Herb	Hierochloe laxa Hook. f	Wild	Forest	Plenty	Rare	Sore throat, fever, Cough	Leaves, stem

Herb	Hordeum vulgare L.	Cultivated	Forest	Plenty	Rare	Emollient febrifuga,& stoamachic	Whole part
Herb	Juncus thomsonii Bucheanu	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part
Herb	Kobresia pygmaea C.B Clarke	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part
Herb	Oryza sativa L.	Cultivated	Forest	Plenty	Rare	Poor appetite,indigestion bloating	Seeds
Herb	Pennisetum flaccidum Griseb.	Wild	Forest	Plenty	Rare	Fooder,Traditional medicines	Whole part
Herb	Phelum alpinum	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part
Herb	Poa koelzii Bor	Wild	Forest	Plenty	Rare	Inflammation of kidney	Leaves

Herb	Setaria viridis (L.) P.Beauv.	Wild	Forest	Plenty	Rare	Diuretic,Emollient febrifuge	Leaves seeds
Herb	Triticum aestivum L.	Cultivated	Forest	Plenty	Rare	Anti-oxidant, Astringgent,laxative	Whole part
Herb	Zea mays L.	Cultivated	Forest	Plenty	Rare	Bladder infection,prostrate issue	Corn silk
Herb	Polemonium caeruleum L.	Wild	Forest	Plenty	Rare	Headache ,fever,	Whole part
Herb	Polygonaceae	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part
Herb	Fagopyrum esculentum Moench	Cultivated	Forest	Plenty	Rare	Anti-cancer,Anti-stress	Whole part
Herb	Fagopyrum tataricum (L.) Gaertn.	Cultivated	Forest	Plenty	Rare	Medicinal food,Ethno- medicinal uses	Roots, flower

Herb	Persicaria alpina (All.) H.Gross	Wild	Forest	Plenty	Rare	Treatment of sore throat & loose gum	Roots
Herb	Persicaria capitata (Buch Ham. ex D.Don) H.Gross	Wild	Forest	Plenty	Rare	Urological disorder	Whole part
Herb	Persicaria amplexicaulis (D.Don) Ronse Decr.	Wild	Forest	Plenty	Rare	Constipation,Common cold	Leaves, Stem
Herb	Persicaria nepalensis (Meisn.) Miyabe	Wild	Forest	Plenty	Rare	Anti- bacterial,Anti-fungal	Leaves, Root
Herb	Persicaria vivipara (L.) Ronse Decr.	Wild	Forest	Plenty	Rare	Traditional Medicines	Root
Herb	Persicaria wallichii Greuter & Burdet	Wild	Forest	Plenty	Rare	Menstrual bleeding & utrine bleeding	Whole part
Herb	Polygonum affine D. Don	Wild	Forest	Plenty	Rare	Diarrhea, Throat infections	Roots

Herb	Rheum spiciforme Royle	Wild	Forest	Plenty	Rare	oxidative stress	Whole part
Herb	Rheum webbianum Royle	Wild	Forest	Plenty	Rare	Renal function disorders, Cancer	Whole part
Herb	Rumex acetosa L.	Wild	Forest	Plenty	Rare	Diuretic, Astringent, laxative	Leaves
Herb	Rumex nepalensis Spreng.	Wild	Forest	Plenty	Rare	Astringent, Astringent	Leaves
Herb	Androsace mucronifolia Watt	Wild	Forest	Plenty	Rare	Folk medicines	Flower
Herb	Androsace muscoidea Duby	Wild	Forest	Plenty	Rare	Traditional Medicines	Flower
Herb	Androsace primuloides Duby	Wild	Forest	Plenty	Rare	Local use of medicines, ornamental use	Leaves, Flowers

Herb	Cortusa brotheri Pax ex Lipsky	Wild	Forest	Plenty	Rare	Traditional Medicines	Leaves, Flowers
Herb	Primula stuartii Wall	Wild	Forest	Plenty	Rare	Analgesic, Cold, Diuretic	Leaves, Flowers
Shrub	Rhamnus virgata Roxb	Wild	Forest	Plenty	Rare	Traditional Medicines	Fruit
Shrub	Ziziphus oxyphylla Edgew.	Wild	Forest	Plenty	Rare	Allergy, Microbial infections	Whole part
Herb	Aconitum rotundifolium Kar. & Kir.	Wild	Forest	Plenty	Rare	Used as Arrow poisions	Roots
Herb	Aconitum violaceum Jacquem.	Wild	Forest	Plenty	Rare	Antidote,Anti-inflammatory	Whole part
Herb	Actaea spicata L.	Wild	Forest	Plenty	Rare	Snake bite, Nervous disoredr	Roots

Herb	Adonis chrysocyathus Hook.f. & Thomson	Wild	Forest	Plenty	Rare	Anti-oxidant,Anti- inflammatory	Whole part
Herb	Anemone rivularis Buch Ham. ex DC.	Wild	Forest	Plenty	Rare	Anti-anemic & vermifuge	Leaf
Herb	Aquilegia fragrans Benth.	Wild	Forest	Plenty	Rare	Sedative, Diarrhea, jaundice	Whole part
Herb	Aquilegia nivalis Falc. ex B. D. Jacks.	Wild	Forest	Plenty	Rare	Cough & Cold	Rhizomes
Herb	Delphinium brunonianum Royle	Wild	Forest	Plenty	Rare	Local Medicines,Usee as oil	Whole part
Herb	Delphinium cashmerianum Royle	Wild	Forest	Plenty	Rare	Intestinal worms,insomia	Roots
Herb	Delphinium vestitum Wall. ex Royle	Wild	Forest	Plenty	Rare	Cuts ,Dysentry, Rh,Ulcers	Leaves

Herb	Paraquilegia microphylla (Royle) J.R. Drumm. & Hutch.	Wild	Forest	Plenty	Rare	Traditional Medicines	Aeriel part
Herb	Ranunculus distans Royle	Wild	Forest	Plenty	Rare	Anti-Rh, Intermittent fever	Leaves
Herb	Ranunculus hirtellus Royle	Wild	Forest	Plenty	Rare	Curing swellingin testes	Leaves, Flowers
Herb	Thalictrum cultratum Wall.	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part
Herb	Thalictrum foliolosum DC.	Wild	Forest	Plenty	Rare	Tonic diuretic, Snakebite, jaundice, Rh	Roots
Herb	Thalictrum virgatum Hook. & Thomson	Wild	Forest	Plenty	Rare	Fever,dysentry, Bloodshot eyes, sore throat	Root, Rhizomes
Herb	Trollius acaulis Lind.	Wild	Forest	Plenty	Rare	To make medicines	Whole part

Herb		Acomastylis elata (Wall. ex G. Don) F. Bolle	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part
Herb		Agrimonia pilosa Ledeb.	Wild	Forest	Plenty	Rare	Abdominal pain, sore throat, hedache	Leaves
Tree	Bahi	Cydonia oblonga Mill.	Cultivated	Forest	Plenty	Rare	Cancer, diabetes,herbal tea,throat infection	Fruit seeds
Herb		Duchesnea indica (Andrews) Focke	Wild	Forest	Plenty	Rare	Used as fruit, antiseptic	Leaves, fruit
Herb		Filipendula vestita (Wall. ex G. Don) Maxim.	Wild	Forest	Plenty	Rare	Stop bleeding, toothache	Root, leaves
Herb		Geum urbanum L.	Wild	Forest	Plenty	Rare	Treat problems mouth, throat	Rhizomes
Tree		Malus domestica Borkh.	Cultivated	Forest	Plenty	Rare	Heart deseases, high cholestrol	Fruit leaves

Herb	Potentilla argyrophylla Wall. ex Lehm.	Wild	Forest	Plenty	Rare	Herbal remedy for inflammation & gastro intestinal disorder	Leaves, Flowers
Herb	Potentilla argyrophylla var. atrosanguinea (Lodd., G. Lodd. & W. Lodd.) Hook f	Wild	Forest	Plenty	Rare	Herbal remedy for inflammation & gastro intestinal disorder	Leaves, Flowers
Herb	Potentilla cuneata Wall. ex Lehm.	Wild	Forest	Plenty	Rare	Diarrhea, menstraul bleeding	Leaves, Flowers
Herb	Potentilla curviseta L.	Wild	Forest	Plenty	Rare	Diarrhea	Leaves, Flowers
Herb	Potentilla nepalensis	Wild	Forest	Plenty	Rare	Anti diarrheal, digestive problem	Leaves, Flowers
Tree	Prunus armeniaca L.	Cultivated	Forest	Plenty	Rare	Asthama, cough, constipation	Flower
Tree	Prunus avium (L.) L.	Cultivated	Forest	Plenty	Rare	Cough, oedema, anaemia	Flower

Tree	Cerasus vulgaris Mill.	Cultivated	Forest	Plenty	Rare	Urinary tract infections	Fruit
Tree	Prunus spinosa L.	Cultivated	Forest	Plenty	Rare	Diaphoretic, diuretic, laxative	Whole part
Tree	Prunus persica (L.) Stokes	Cultivated	Forest	Plenty	Rare	Laxative, sedative & antiasthmatic	Seed, Flower
Tree	Prunus prostrata Labill.	Wild	Forest	Plenty	Rare	Cancer	Seed
Tree	Pyrus pashia BuchHam. ex D. Don	Cultivated	Forest	Plenty	Rare	Fever, hedache, laxative	Fruit
Shrub	Rosa cymosa Tratt.	Cultivated	Forest	Plenty	Rare	Diarrhea, Rh	Roots, Fruit
Herb	Sibbaldia cuneata Hornem. ex Kuntze	Wild	Forest	Plenty	Rare	Respiratory problems	Stem, flower

Shrub		Sorbaria tomentosa (Lindl.) Rehder	Wild	Forest	Plenty	Rare	Dysentry	Leaves, Flower
Shrub		Spiraea bella Sims	Wild	Forest	Plenty	Rare	Antiseptic, aeromatic, anti inflammatory	Stem
Tree		Populus ciliata Wall. ex Royle	Wild	Forest	Plenty	Rare	Making boxes for packing purposes, furniture & cross beams	Whole part
Shrub	White/ Kashmir willow	Salix alba L.	Wild	Forest	Plenty	Rare	Cold, fever & joint pains	Bark, Stem
Herb		Salix calyculata Hook. f. ex Andersson	Wild	Forest	Plenty	Rare	Anti cancer activity agent	Bark, Stem
Tree		Acer cappadocicum Gled.	Wild	Forest	Plenty	Rare	Used its wood, ornamental	Whole part
Tree		Acer acuminatum Wall. ex D.Don	Wild	Forest	Plenty	Rare	Treatment of Rh, Brusis, eye disease & pain	Root, Flower

	Saxifraga caveana W.W. Sm		Forest	Plenty	Rare	Anti inflamentry, diaphoretic, diuretic	Whole part
Herb	Saxifraga flagellaris Willd.	Wild	Forest	Plenty	Rare	Wounds & other minor skin injuries	Stem, flower
Herb	Saxifraga sibirica L.	Wild	Forest	Plenty	Rare	Herbal medicines	Leaves, flower
Herb	Veronica anagallis- aquatica	Wild	Forest	Plenty	Rare	Scurvy, impurity of the blood	Root, leaves
Herb	Veronica laxa Benth.	Wild	Forest	Plenty	Rare	Respiratory problems, wound healing	Stem, flower
Herb	Veronica persica Poir.	Wild	Forest	Plenty	Rare	Rh, hernia, wound healing	Seed, leaves
Herb	Lagotis cashmeriana Rupr.	Wild	Forest	Plenty	Rare	Medicinal use of plants by the nomadic & migratory gujjars	Leaves, flower

Herb	Lycopersicon esculentum Mill.	Cultivated	Forest	Plenty	Rare	Protect from heart attack, burns, salads	Seed, fruit
Herb	Physochlaina praealta (Decne.) Miers	Wild	Forest	Plenty	Rare	Asthma, chronic bronochits, abdominal pain	Stem, root
Herb	Solanum nigrum L.	Wild	Forest	Plenty	Rare	Dysentry, stomach complaints, fever tonic, laxative	Leaves, fruit
Herb	Solanum tuberosum L.	Cultivated	Forest	Plenty	Rare	Peptic ulcers, relief from pain & acidity	Whole part
Tree	Taxus wallichiana Zucc.	Wild	Forest	Plenty	Rare	Common cold, Cough, Fever & pain	Bark, Leaves
Shrub	Daphne mucronata Royle	Wild	Forest	Plenty	Rare	Skin diseases, ,cancer & Rh	Leaves, fruit
Herb	Girardinia diversifolia (Link) Friis	Wild	Forest	Plenty	Rare	Constipation , Headache, & swollen juice	Leaves, fruit

Herb		Pilea umbrosa Blume	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part		
Herb		Viola biflora L.	Wild	Forest	Plenty	Rare	Anti-inflammatory, Laxative	Whole part		
Herb		Viola canescens Wall.	Wild	Forest	Plenty	Rare	Cough,cold, flu,fever & Malaria	Root, leaves		
Climber		Vitis vinifera L.	Wild	Forest	Plenty	Rare	Natural Anti-oxidant	Fruit, leaves		
Herb	Sanjeevani	Rhodiola fastigiata	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part		
Herb	Guggi Van	Pleurospermum candollei	Wild	Forest	Plenty	Rare	Used in folk medicines	Whole part		

## Format-19: Wild Plant Species of Importance.

1	2	3	4	5	6
S. No.	Local Name	Scientific Name	Variety	Importance (as economic, social, cultural etc.)	Status
1	Akhrot	Juglans regia	Broad Leave	Ecnomical & Social	Do exist
2	Hatab	Parraotia jacquemontiana	Broad Leave	Ecnomical & Social	Do exist
3	Phrast	Populas alba	Broad Leave	Ecnomical & Social	Do exist
4	Kiker	Acacia nilotica	Broad Leave	Ecnomical & Social	Do exist
5	Champ	Alnus nitida	Broad Leave	Ecnomical & Social	Do exist
6	Heru	Quercus ilex	Broad Leave	Ecnomical & Social	Do exist
7	Kolum	Vibernum novasum	Broad Leave	Ecnomical & Social	Do exist
8	Mohru	Quercus floribunda	Broad Leave	Ecnomical & Social	Do exist
9	Bren	Ulmus wallichiana	Broad Leave	Ecnomical & Social	Do exist
10	Mooin	Artemisia meritima	Broad Leave	Ecnomical & Social	Do exist
11	Boj Patar	Betula utilis	Broad Leave	Cultural & Social	Do exist
12	Pudina	Mentha longifolia	Broad Leave	Ecnomical & Social	Do exist
13	Socchal	Malva neglecta	Broad Leave	Ecnomical & Social	Do exist
14	Pamachari/Pamchalan	Rheum australe	Broad Leave	Ecnomical & Social	Do exist
15	Kuth	Saussurea lappa	Broad Leave	Ecnomical & Social	Do exist
16	Kakarsinghi	Pistacia intergerrima	Broad Leave	Ecnomical & Social	Do exist
17	Naghchatri	Trillium govaniaum	Broad Leave	Ecnomical & Social	Do exist
18	Plum	Prunus persica	Broad Leave	Ecnomical & Social	Do exist
19	Zakhamahayat	Sexifraga ligulata	Broad Leave	Ecnomical & Social	Do exist
20	Jangli angoor	Vitis vinefera	Broad Leave	Ecnomical & Social	Do exist

21	Jangli gulab	Rosa maschata	Broad Leave	Ecnomical & Social	Do exist
22	Agg jari	Saxifraga jacquemontiana	Broad Leave	Ecnomical & Social	Do exist
23	Ban tambaku	Verbascum thapsus	Broad Leave	Ecnomical & Social	Do exist
24	Banafsha	Viola odorata	Broad Leave	Ecnomical & Social	Do exist
25	Bankakdi	Podophyllum hexandrum	Broad Leave	Ecnomical & Social	Do exist
26	Belladonna	Atropa belladonna	Broad Leave	Ecnomical & Social	Do exist
27	Bhang	Cannabis sativa	Broad Leave	Ecnomical & Social	Do exist
28	Bhutyata	Corydalis govaniana	Broad Leave	Ecnomical & Social	Do exist
29	Brand	Phytolacca acinosa	Broad Leave	Ecnomical & Social	Do exist
30	Chalander	Viburnum grandiflorum	Broad Leave	Ecnomical & Social	Do exist
31	Chora	Angelica glauca	Broad Leave	Ecnomical & Social	Do exist
32	Chukri	Rheum australe	Broad Leave	Ecnomical & Social	Do exist
33	Chuku	Oxalis corniculata	Broad Leave	Ecnomical & Social	Do exist
34	Dand jari	Rhodiola himalensis	Broad Leave	Ecnomical & Social	Do exist
35	Dhad Kopdi	Bergenia stracheyi	Broad Leave	Ecnomical & Social	Do exist
36	Feku	Ficus palmata	Broad Leave	Ecnomical & Social	Do exist
37	Gaddo	Salvia moorcroftiana	Broad Leave	Ecnomical & Social	Do exist
38	Guggal	Jurinea dolomiaea	Broad Leave	Ecnomical & Social	Do exist
39	Gul-e-snobar	Geranium wallichianum	Broad Leave	Ecnomical & Social	Do exist
40	Hamesh bahar	Calendula officinalis	Broad Leave	Ecnomical & Social	Do exist
41	Handh	Taraxacum officinale	Broad Leave	Ecnomical & Social	Do exist
42	Hillu	Impatiens glandulifera	Broad Leave	Ecnomical & Social	Do exist
43	Jarjam	Sanecio chrysanthemoides	Broad Leave	Ecnomical & Social	Do exist
44	Kaimal	Berberis lyceum	Broad Leave	Ecnomical & Social	Do exist
45	Kala zeera	Bunium persicum	Broad Leave	Ecnomical & Social	Do exist

46	Kahjuban	Arnebia benthami	Broad Leave	Ecnomical & Social	Do exist
47	Kalishadi	Daphne oleoides	Broad Leave	Ecnomical & Social	Do exist
48	Kanhaji	Sorbaria tomentosa	Broad Leave	Ecnomical & Social	Do exist
49	Kareel Kaimbul	Berberis aristata	Broad Leave	Ecnomical & Social	Do exist
50	Kinns	Diascorea deltoidea	Broad Leave	Ecnomical & Social	Do exist
51	Kour	Picrorhiza Kurrooa	Broad Leave	Ecnomical & Social	Do exist
52	Kuppad jari	Sedum ewersii	Broad Leave	Ecnomical & Social	Do exist
53	Mooin	Artemisa maritime	Broad Leave	Ecnomical & Social	Do exist
54	Mori	Delphinium roylei	Broad Leave	Ecnomical & Social	Do exist
55	Mulam	Inula royeleana	Broad Leave	Ecnomical & Social	Do exist
56	Murma	Valeriana dubia	Broad Leave	Ecnomical & Social	Do exist
57	Nag Rus	Acorus calamus	Broad Leave	Ecnomical & Social	Do exist
58	Neel Kanth	Ajuga bracteosa	Broad Leave	Ecnomical & Social	Do exist
59	Nichni	Rhododendron campannalatum	Broad Leave	Ecnomical & Social	Do exist
60	Patrishi	Aconitum heterophyllum	Broad Leave	Ecnomical & Social	Do exist
61	Postul	Taxus baccata	Broad Leave	Ecnomical & Social	Do exist
62	Sapp Google	Arisaema flavum	Broad Leave	Ecnomical & Social	Do exist
63	Shemar	Desmodium elegans	Broad Leave	Ecnomical & Social	Do exist
64	Sheshak	Rhabdosia rugosa	Broad Leave	Ecnomical & Social	Do exist
65	Shutenger	Rhododendren anthopogon	Broad Leave	Ecnomical & Social	Do exist
66	Suchal	Malva neglecta	Broad Leave	Ecnomical & Social	Do exist
67	Tatnu	Caltha palustris	Broad Leave	Ecnomical & Social	Do exist
68	Avens	Geum elatum	Broad Leave	Ecnomical & Social	Do exist
69	Baby's breath	Gypsophila cerastioides	Broad Leave	Ecnomical & Social	Do exist
70	Black Henbit, Henbane,	Hyoscyamus niger	Broad Leave	Ecnomical & Social	Do exist

71	Bladder Campion	Silene vulgaris	Broad Leave	Ecnomical & Social	Do exist
72	Burdock	Arctium lappa	Broad Leave	Ecnomical & Social	Do exist
73	Cinquefoil	Potentilla argyrophylla	Broad Leave	Ecnomical & Social	Do exist
74	Cow Parsnip	Heracleum candicans	Broad Leave	Ecnomical & Social	Do exist
75	Crame's bill flower	Geranium pratense	Broad Leave	Ecnomical & Social	Do exist
76	Cudweed	Gnaphalium hypoleucum	Broad Leave	Ecnomical & Social	Do exist
77	Dandelion	Taraxacum officinale	Broad Leave	Ecnomical & Social	Do exist
78	Darnel grass	Lolium temulentum	Broad Leave	Ecnomical & Social	Do exist
79	Foreget-me-Not	Myosotis sylvatica	Broad Leave	Ecnomical & Social	Do exist
80	Golden Rod	Solidago virgaurea	Broad Leave	Ecnomical & Social	Do exist
81	Granny's Bonnet	Aquilegia fragrans	Broad Leave	Ecnomical & Social	Do exist
82	Groundsel	Senecio chrysanthemoides	Broad Leave	Ecnomical & Social	Do exist
83	Helleborine	Epipactis latifolia	Broad Leave	Ecnomical & Social	Do exist
84	Helleborine Orchid	Epipactis wallichii	Broad Leave	Ecnomical & Social	Do exist
85	Hound's Tongue	Cynoglossum zeylanicum	Broad Leave	Ecnomical & Social	Do exist
86	Kashmir Sage	Salvia hians	Broad Leave	Ecnomical & Social	Do exist
87	Larkspur	Delphinium vestitum	Broad Leave	Ecnomical & Social	Do exist
88	May Apple	Podophyllum hexandrum	Broad Leave	Ecnomical & Social	Do exist
89	Milkvetch	Astragalus	Broad Leave	Ecnomical & Social	Do exist
90	Millfoil	Achillea millefolium	Broad Leave	Ecnomical & Social	Do exist
91	Mountain Sorrel	Oxyria digyna	Broad Leave	Ecnomical & Social	Do exist
92	Nepal Cinquefoil	Potentilla nepalensis	Broad Leave	Ecnomical & Social	Do exist
93	Nepal Dock	Rumex nepalensis	Broad Leave	Ecnomical & Social	Do exist
94	Northern Bedstraw	Galium boreale	Broad Leave	Ecnomical & Social	Do exist
95	Pink Evening Primrose	Oenthera rosea	Broad Leave	Ecnomical & Social	Do exist

96	Red Clover	Trifolium pretense	Broad Leave	Ecnomical & Social	Do exist
97	Rock splitter	Bergenia stracheyi	Broad Leave	Ecnomical & Social	Do exist
98	Silky Woundwort	Stachys sericea	Broad Leave	Ecnomical & Social	Do exist
99	St. John's Wort	Hypericum perforatum	Broad Leave	Ecnomical & Social	Do exist
100	Sun Spurge,	Euphorbia helioscopia	Broad Leave	Ecnomical & Social	Do exist
101	Touch me not	Impatiens thomsonii	Broad Leave	Ecnomical & Social	Do exist
102	Wallich's Willow Herb	Epilobium wallichianum	Broad Leave	Ecnomical & Social	Do exist
103	White spotted Lousewort	Pedicularis punctata	Broad Leave	Ecnomical & Social	Do exist
104	Wild Indigo	Indigofera heterantha	Broad Leave	Ecnomical & Social	Do exist
105	Wild Lettuce	Lactuca longifolia	Broad Leave	Ecnomical & Social	Do exist
106	Wild Rose	Rosa webbiana	Broad Leave	Ecnomical & Social	Do exist
107	Wild Strawberry	Fragaria nubicola	Broad Leave	Ecnomical & Social	Do exist

	Format 20: Aquatic Biodiversity												
1	1 2 3 4 5 6 7 8 9 10												
Local Name	Caiantie a Nama				Local Status		Uses	Associated TK	Other details	Community /			
Local Name	Scientific Name	Variety	Features	Habitat	Past	Past Present		Associated 1K	Other details	Knowledge Holder			
Nil	Nil	Nil	Nil	Nil	Nil	Nil	Nil	Nil	Nil	Nil			

	Format-21: Wild Aquatic Plant Species of Importance.											
1	. 2 3 4 5											
S. No.	Local Name	Scientific Name	Variety	Importance	Trends							
1	Champ	Ulnus tindia		Help in soil binding								
2	Willow	Salix alba		Suitable for Cricket bat Manufacturing								
3	Shambar	Cassia fistula										

## Format-22: Wild Plants of Medicinal Importance.

		· · · · · · · · · · · · · · · · · · ·					1				
1	2	3	4	5		6	7	8	9	10	11
Plant (Herb,	Local Name	Scientific Name	Vonietre	Landscape/	Local	status			Dout wood	Other details market/ own	Community Knowledge
Shrub, Tree)	Local Name	Scientific Name	Variety	Habitat	Past	Present	Associated 1 K	Uses (usage)	Part used	use	Holder
Herb	Bergeur, Gandana	Achillea millefolium L.					Leaf infusion against stomachache, cold and as tonic	Leaves			
Herb	Patrees	Aconitum heterophyllumWall.e x Royale					Used against diarrhea, general weakness,	Roots			
Herb	Praan, Gogcheegma	Allium corolinianum DC.					Indigestion and in cooking pulses and vegetables by the nomads	Bulbs			
Herb	Choru, Chohore	Angelica glauca Edgew					Roots as spice and condiment	Roots			
Herb	Kalumb, Jangli kuth	Aquilegia fragrans Benth					Cystitis, gout, eczema, psoriasis and blood sugar	Roots			
Herb	Ratanjot	Arnebia euchroma (Royale) Johnston					Anti-inflammatory, eye-diseases, cuts & wounds,	Roots			
Herb	Moori, Joon, tarkha	Artemisia brevifolia Wall.ex DC.					Stomach-ache, intestinal worms,	Leaves			

Herb	Jala kafal	Atropa accuminata Royale			Anti-asthmatic, anti- spasmodic, diuretic,	Root		
Herb	Daruhaldi, khawaray	Berberis lycium Royale			Fruit extract against stomachache and diarrhoea,	Fruits, roots		
Herb	Zakham-a-hayat, sapdotri	Bergenia ciliata (Hookf.Thoma s) Engl.			Massage to cure body swelling, kidney stones,	Roots		
Herb	Kala zeera, siazeera	Bunium persicum L			Seed as spice, appetiser, reduces cholesterol,	Seeds		
Herb	Bibdi	Codonopsis rotundifolia Benth			Eaten as vegetable, roots are aphrodisiac,	Fruit		
Herb	Chingposh	Colchicum leutum Baker			Rheumatism, gout, diseases of liver and spleen	Corms		
Herb	Salam panja	Dactylorhiza hetagirea (D.Don) Soo			Round worms of stomach,	Roots		
Herb	Nirvisha	Delphinium brunonianum Wall.			Diabetes	Whole plant		

	Format 23: Wild relatives of Crops												
1	2	3	4	5	5	6	7	8	9	10			
Local Name	Scientific Name	Associated crop	Landscape /	Local	Status	Uses (usage)	Part Used	Associated TK	Other details	Community /			
Edear T tame	Selentine I tume	rissociated erop	Habitat	Past	Present	oses (usage)	T are escu	71330CIMCU TIX	other details	Know holder			
Kalazera	Cuminum cymnium		Steep slope			Cooking Purpose	Seed			Local			
Sonf	Fo eniculum vulgore		Steep slope			Cooking Purpose	Seed			Local			
Chilgoza	Pinus grardena		Steep slope			Medicinal	Seed			Local			
Raj Mash	Phaseolus Vulgaris		Steep slope			Cooking Purpose	Seed			Local			
Phulan			Steep slope			Medicinal	Seed			Local			
Wheat	Triticum		Steep slope			Used as flour	Seed			Local			
Kodra	Paspalum scrobiculatum		Steep slope			Used as flour	Seed			Local			
Grim	Grimmia pulvinata		Steep slope			Medicinal	Seed			Local			

	Format 24: Ornamental Plants										
1	2	3	4	5	6	7	8				
Local Name	Scientific Name	Variety	Habitat	Commercial / Non- commercial Uses	Associated TK	Any other Detail	Community/ Knowledge Holder				
Nil	Nil	Nil	Nil	Nil	Nil	Nil	Nil				

## Format-25: Fumigate/ Chewing Plants. Local status Community Other details

Plant (Herb,	Local Name	Scientific Name	Variate	Habitat	Loca	l status	Uses (veses)	Part used	Associated TK	Other details	Community Knowledge
Shrub, Tree)	Local Name	Scientific Name	Variety	парцац	Past	Present	Uses (usage)	rart useu	Associated 1 K	(mode of use)	Holder
	Sonf/Bodiyana	Foenicum vulgare					Constipation treatment	Seeds	Also used as flavouring agent		
	Jungli pudina	Mentha longifolia					Cooling medicine	Leaves	Mouth freshner		
Herb	Kim	Morima longifolia					to avoid insect Damage to garments	Rhizomes			
Helb	Bantambaku		Broad Leaved	Low land	Plenty	Less Abundant	Narcotic	Leaves			
	Bhang	Cannabis sativa					rvareone	leaves	used as local beverage		
	Dhoop	Jurinum locosepla									
Trees	khor/Dun	Juglanas regia					Tooth ache	Leaves pericarp			

	Format-26 : Timber Plants.									
1	2	3	4		5	6	7	8		
Local Name	Scientific Name	Habitat	Local	status	Other Uses, if any	Associated TK	Other Details	Community		
Local Name	Scientific (Valle	Habitat	Past	Present	Other Oses, if any	Associated TK	Other Details	Knowledge Holder		
						Kail,Fir,Oak				
Deodar	Cedrus deodara	Temperate zone	Timber	Timber	Oil use for skin infection	Hatab,bankhor				
						Akhrot				
W '1	D: 11-1-	T				Deo,Hatan,Oak,				
Kail	Pinus wallichiana	Temperate zone	T. 1	Tr' 1		Bankhor Akhrot				
Fir	Abies pindrow	Alpine	Timber	Timber	Gum use in cracks	R.T.Texa, sproos				
Chir	Pinus roxburghii	Sub tropical				Shesham,fagura				

	Format 27 A: Coastal and Marine Flora									
1	2	3	4	5 6			7	8	9	10
Plant Type	Local Name	Scientific Name	Habitat	Local	Status	Parts Collected (if	Commercial	ommercial Other Uses	Associated TK	Community/
Tiant Type	Escar (vanic	Scientific (value	Habitat	Past	Present	any)	Uses (if any)	other eses	Associated TIC	Knowledge Holder
NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA

	Format 27 B: Coastal and Marine Fauna									
1	2	3	4		5 6 7 8 9 1					10
Animal Type	Local Name	Scientific Name	Habitat	Local	Local Status Parts Collected (if		Commercial Uses (if	Other Uses	Associated TK	Community/ Knowledge
Ammai Type	Local Ivallie	Scientific Ivame	Habitat	Past	Present	any)	any)	Other Uses	Associated TK	Holder
NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA

## Format-28: Wild Animals (Mammals, Birds, Reptiles, Amphibia, Insects, others). 1 2 3 5 6 7 8 9 10 11 12 4 Mode of Local status Community Hunting, Other Animal Session when Associated **Local Name** Scientific Name Habitat Description Uses (if any) Knowledge TK collecting (if details Type seen Holder **Past Present** any) Fur with dark Both summar/ Suh/Leopard Panthera pardus High altitude Plenty Rare Mammal rossettes winter High altitude Pijad Resembles goat Plenty Mammal Capra aegagrus winter Rare Grey, light Lower scrubb Jungli billi Felis chaus winter Plenty Rare Mammal brown in colour Forest Around Mammal Jackal/ Gidur Cains aureus Nocturnal winter Plenty Rare Habitation Reech/ Bhalu High altitude Ursus americames Omnivore Plenty Mammal winter Rare Mammal Snow leopard Unica unica High altitude throughout year Prionailurus Leopard cat throughout year Mammal High altitude begalensis Mammal Eurasian lynx Lynx lynx High altitude throughout year Grey wolf Canis lupus High altitude throughout year Mammal High altitude Mammal Red fox Vulpus vulpus throughout year Himalayan Brown High altitude throughout year Mammal Ursus arctos Bear

								_		
Mammal	Eurasian Black Bear	Ursus thibetanus	High altitude		throughout year					
Mammal	Himalayan weasel	Mustela siberica	High altitude		throughout year					
Mammal	Himalayan stoat	Mustela ermine	High altitude		throughout year					
Mammal	Beach or stone weasel	Martes foina	High altitude		throughout year					
Mammal	Yellow-throated marten	Martes flavigula	High altitude		throughout year					
Mammal	Pine martin	Martes martes	High altitude		throughout year					
Mammal	Eurasian otter	Lutra lutra	High altitude		throughout year					
Mammal	Kashmir Musk deer	Moscus cupreus	High altitude		throughout year					
Mammal	Alpine ibex	Capra ibex	High altitude		throughout year					
Mammal	Himalayan goral	Nemorhaedus flavigula	High altitude		throughout year					
Mammal	Himalayan Tahr	Hermitragus jemlahicus	High altitude		throughout year					
Mammal	Kashmir grey langur	Semnopithecus ajas	High altitude		throughout year					
Mammal	Small Indian Mangoose	Herpestes auropunctatus	High altitude		throughout year					
Mammal	Monkey	Simiiformes catarrhini	High altitude	Social	throughout year	Plenty	Rare	Necessary for maintanence of Ecological balance	Probhited	
Rodents	Chuha	Mus booduga	fields	Common in houses	throughout year	Plenty	Common	varance		

Locals having good knowledge with respect to their identification

Rodents	Himalayan marmot	Marmota bobak	Around Habitation		throughout year		
Rodents	long -tailed marmot	Marmota caudate	Around Habitation		throughout year		
Rodents	Small Kashmir flying squirrel	Eoglaucomys fimbriatus	Around Habitation		throughout year		
Rodents	Himalayan mouse hare	Ochotona roylei	Around Habitation		throughout year		
Rodents	Short-Tailed Bandicoot Rat	Nesolia indica	Around Habitation		throughout year		
Rodents	Porcupine/ Shale	Hystrix indica	Rocky Hills	Has sharp spikes	throughout year	Plenty	Common
Reptiles	Saanp	Serpentes	Rocky Hills	Limbless, carnivore with mobile jaw	Summer	Plenty	Common
Reptiles	Himalayan pit viper	Agkistrodon himalayanus			throughout year		
Reptiles	Russell's viper	Viper russelii			throughout year		
Reptiles	Common Skink	Lygosoma himalayanus			throughout year		
Reptiles	Northern house gecko	Hemidactyius flaviviridis			throughout year		
Reptiles	Chipkali	Lacertila	Rocky Hills	Quadrepedal	Summer	Plenty	Common
Birds	Chidya	Passer domestica	Around habitation	Feeds on seeds, weeds, grain	Through out Year	Plenty	Common
Birds	Koel	Eudynamys scolopaceus	Around habitation	Feeds on seeds, weeds, grain	Through out Year	Plenty	Common

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				1			1		1	1
Birds	Tota	Alexendrine parakeet	Around habitation	Feeds on seeds, weeds, grain	Through out Year	Plenty	Common			
Birds	kawa	Corvus	Around habitation	Feeds on seeds, weeds, grain	Through out Year	Plenty	Common			
Birds	Cheel	Milvus migrans	Migratory	Carvinore	Through out Year	Plenty	Common			
Birds	Chakor	Alectoris chukar	lowlands		Through out Year	Abundant	Rare			
Amphibian	Frog	Rana cyanophlictis	Ponds, lakes		summer	Abundant	Common			
Amphibian	Toad	Bufo virdis								
Insects	Bichoo	Typhlochactas mitchelli	Moist low land		summer	Abundant	Common			
Insects	Ttili	Rhopalocera	low Lands	feeds on flowers nectar	summer	Abundant	Common			
Insects	Cockroach	Blattodea	low Lands	waste Materila	summer	Abundant	Common			
	AS (Alpine Scrub)	RO (Rockey Outcrops)	AE (Ariel Edges)	GD (Garbage Dumps)	OH (Open Hill)					
	OS (Open Scrub)	TB (Temperate Broadleaf)	TC (Temperate Conifer)	RF (Riparian Forest)	UF (Urban Forest)	AQ (Aquatic Forest)				

			URBAN BIO	DDIVERSITY				
	Format 29: Flora							
1	1 2 3 4 5 6 7							
Sr. No.	Local Name	Scientific Name	Type of Plants	Habitat	Flowering Season	Remarks (Rare / Common etc.)		

Note: Separate format should be used for road side plantation / Parks and Gardens / Housing estate / Commercial buildings/ other institutional areas, Private club premises and also for Aquatic (water) habitat and Terrestrial (land) habitat

Format 3	Format 30: Fauna										
1	2	3	4	5	6						
Sr. No.	Local Name	Scientific Name	Type of Animals (Mammals / Birds / Fish / Insect etc.)	Habitat	Remarks (Rare / Common etc.)						

	Format-31: Any other information of local importance.								
1	2	3							
S. No.	Information of local importance	Remarks							
1	Sapphire (Neelam)	Jewellery items							
2									